White Hills Primary School No 1916
Week 1 Term 3 *Wednesday 19th July 2023*
P 5443 0799
white.hills.ps@education.vic.gov.au

White Hills Weekly

Purpose

At White Hills Primary School, we provide students with skills to be lifelong learners. We are a community which caters for academic, physical, social, and emotional needs. Preparing our students to contribute productively to an increasingly globalised world.

Calendar of Events

Term 3 2023: 10th July – Friday 15th September

Week 3	
25 July	Girls Division Footy
26 July	Mixed Division Footy
26 July	Parent Cyber Safety Session 3
28 July	Foundation Mini-Beasts Incursion
28 July	Student Leader Feedback Greater Bendigo
28 July	Ride to School
Week 4	
1 Aug	Student Led Conference
2 Aug	Weerroona Visit 6MW
4 Aug	Weeroona Visit 6F & 6R
4 Aug	Phoenix FM Radio-Student Leaders & Writing samples
Week 5	
10 Aug	Year 3V Quantum Victoria
11 Aug	Years 3C/3M Quantum Victoria

The Fathering Project

The Fathering Project

This week let's tackle a common challenge faced by many: work-life balance. Juggling work and family responsibilities can sometimes feel like a daunting task, but remember, you have the power to create a harmonious balance.

Top Tips

1. Set boundaries. Establish clear boundaries between your work life and personal life. Define specific working hours and strive to separate work-related activities from your family time.
2. Schedule quality family time. Dedicate uninterrupted time to be fully present with your family. Whether it's having dinner together, going for outings, or engaging in fun activities, cherish these moments and make them a priority.
3. Practise self-care. Taking care of yourself is crucial for maintaining balance. Prioritise self-care activities such as exercise, hobbies, relaxation, and mindfulness. Remember, when you prioritise self-care, you're better equipped to take care of others. Finding the right balance may require some experimentation and adjustment. Be patient with yourself and remember that it's an ongoing process.

Dad joke of the week

My son wanted to know what it was like to be a parent. So, I woke him up at 2am to tell him my sock came off...

Principal's News,

Hi everyone,

Student Led Conferences

A reminder that next Tuesday 1st August, is student led conferences. **Students only need to attend for their conference time on this day.**

Last week, a note came home to all families with instructions to make a booking through COMPASS for a conference time on Tuesday 1st August. Bookings will close at 4:00pm on Thursday 27th July. So far, 404 bookings have been placed from a possible 428 households. Currently there are 573 students at our school. It is great to see that most families have been able to access COMPASS and make a booking. The figures also indicate that 169 students have not had student conferences booked.
If you are having trouble accessing COMPASS or making a booking, please do not hesitate to contact the office or your child's teacher. One issue we have experienced is a change of email address. If you do change your email address, please update it with the school. Some families did not receive the username and password via email as it went to an old email address.
A reminder that late last term, all students were given a note outlining each family's unique username and password to log into COMPASS. This was also emailed to families.

Ride/Scoot to school with some Teachers

Our next planned ride is next Friday, 28th July, and we are hoping to have many students (and their families) join us despite the chilly weather. On our last ride we had approximately 10 riders join us.
Several staff members have committed to support riding with students and parents along the creek-side track from both directions.
A staff member will be starting at the bridge near Epsom Primary School at 8:15am riding slowly along the bike track. They will make another stop at the Scott Street bridge at 8:25 before finishing at school. I will be coming from the opposite direction starting a Weeroona Avenue at 8:15. I will then make my way along the bike track stopping at the Bridge on Knight Street (behind Weeroona College) at 8:20 and then again near the playground, just off The Boulevard in the Peppercorns Estate at 8:25. I will then follow the bike track to school. We look forward to riding to school with many students on Friday, 28th July.

Term 3 Planners available

Parents, please note that Term 3 planners are now available on the school's website under the Curriculum tab- 2023 Student Planners Term 3.

Please Note: Change of Curriculum Day in Term 3

Date is now Friday, 25th August, it was scheduled for Wednesday, 2nd August. This is a pupil free day. OSH Club will be open on this day, and they can provide care for families who require it.

Student Of The Week

Class	Student	Awarded for ASPIRING to do their BEST
Foundation P	Negan	For aspiring to sound out words in his writing.
Foundation E	Amali L	For making a brilliant start in Prep E at White Hills Primary School!!
Foundation F	Noah P	For aspiring to do his best reading using his strategies to support him.
Foundation D	Elsie	For aspiring to give her best effort in the classroom and out in the playground.
1 AK	Kace D	For aspiring to be his best by coming into the room, getting himself organised and ready to learn quickly and quietly.
1 TD	Isabella C	For always coming to school ready to learn and aspiring to do her best.
1 G	Alyssa	For a fantastic start to the term and aspiring to complete her work to a high standard.
1 B	Idelle H	For aspiring to do her best in writing sessions and trying to write unfamiliar words.
2 TW	Izaiah R	For aspiring to do his best during writing time and trying to write with more detail
2 P	Nyssa	For always working hard to get her work done in the set time frame.
2 M	Jade J	For aspiring to do her best during reading sessions and participating more in class discussions.
3 M	Shwe Zin	For always displaying positive learning behaviours and choosing to do her best.
3 V	Jordyn W	For always trying her best in the classroom and helping others to also
3 C	Adrian GT	For aspiring to do his best in all classes and lead by example
4HB	Emma I	For aspiring to be her best on our excursion to Quantum on Wednesday
4O	Paddy	For aspiring to do his best in Maths and approaching tasks with more confidence.
4C	Blake W	For aspiring to do his best and sharing excellent ideas in the MaKey MaKey session at Quantum
5R	Carter H	For his commitment to completing all tasks and working hard to achieve great outcomes.
5W	Sidrat I	For her ongoing commitment to achieving high standards in all that she does.
5HB	Declan M	For showing respect and leadership when interacting with his prep buddy.
5D	Jack R	For asking clarifying questions to understand tasks
6R	Lachlan CB	For working hard to be more organised and completing tasks in a timely manner.
6B	Emma J	For always setting high standards in the classroom.
6MW	Aarron R	For aspiring to be his best during learning time in class this week. Well done!
6F	Izzy Pan	For consistently trying her best and helping others out around the classroom.
STEM Mrs Treloar	Toyah F 1G	For thinking creatively about the teddy bear engineering challenge and aspiring to complete it to a high standard
ART Mrs Watchman	Lachlan S 1G	For aspiring to do his best with his weaving skills in Art.

Enrolments for 2024

So far, we have enrolments from 24 siblings for 2024. If you have a sibling of a current student at our school who will be starting next year, please collect an enrolment form and drop it in as soon as possible. We have also taken 26 enrolments from families who reside within our neighbourhood.
There have been 34 families who live outside the school's neighbourhood interested in enrolment. These families will be contacted on Friday, 11th August and notified of the outcome of their application as detailed in the Department's Foundation (Prep) Enrolment Information Pack for Parents/Carers that has been distributed.

Term 3 Highlights

Some of the exciting activities planned for next term.

- ✓ Quantum Excursions as part of STEM (Science, Technology, Engineering & Mathematics) for Grades 3-6.
- ✓ Division Netball 19th July
- ✓ Division Football 25 & 26 July
- ✓ Student Led Conferences Tuesday 1st August (students only attend for their interview time)
- ✓ Prep Incursion-Zoo Comes to You 25th July.
- ✓ Phoenix FM- Student leaders and writing shared.
- ✓ Curriculum Day-Friday 25th August (No students at school on this day)
- ✓ Getting ready for School-Parent Information evening 8th August
- ✓ Division Golf-8th August
- ✓ Jets Gym-14 August-6 September
- ✓ Division Basketball 1st September

Please let us know if there's anything further that we can do to support you here at WHPS.
Andrew Schaeche,
Principal

Bendigo Community Health

In this online session hosted, key presenters will provide parents, carers, young, people and other concerned community members with current information about vaping and local services that can support young people.

- BCHS Health Promotion Officers will provide the latest health information relevant to e-cigarettes and BCHS Quit Program.

- Lee Kennedy - Nurse Practitioner, Mental Health & Addiction Specialist from Youth Support + Advocacy Service (YSAS). Lee will provide information about how young people aged 12-25, wanting to quit vaping can access his service.

- Andrea Scott - Secondary School Nurse will provide information about how local school nurses are supporting young people regarding vaping.

Our presenters will then sit on a panel and answer questions submitted by anyone in attendance.
When: Monday, 24th July 5.30pm to 7.00pm.
Where: Online **Registrations free and essential** – click here

Golf Australia PRIMARY SCHOOLS GOLF

SCHOOL SPORT VICTORIA

Primary students in grades 3, 4, 5 or 6 who attend a Victorian Primary School are eligible to play in golf events that are organised by Golf Australia in partnership with School Sport Victoria. In the qualifying rounds students will play 9 holes on a short course, players will be notified of their progression to the state finals by Golf Australia. Students who qualify for the SSV State final will play 18 holes on a shortened course at Kooringal Golf Club.

Entry to the events is online

Your local event is at **BENDIGO GOLF CLUB**

On **MONDAY** **7TH AUGUST 2023**

Contact **Jayne Smith** **Phone** **0459 660 003** **Email** **Jayne.Smith@golf.org.au**

BENDIGO VOLLEYBALL ASSOCIATION

MINIS VOLLEYBALL

BENDIGO VOLLEYBALL ASSOCIATION

PRIMARY SCHOOL AGES

ALL SKILL LEVELS WELCOME
4:30 - 6:00 PM
RED ENERGY ARENA, COURTS 4, 4A AND 5

2023 DATES

SUNDAY MAY 21ST - COME AND TRY
SUNDAY MAY 28TH - WEEK 1
SUNDAY JUNE 4TH - WEEK 2
SUNDAY JUNE 18TH - WEEK 3
SUNDAY JULY 16TH - WEEK 4
SUNDAY JULY 23RD - WEEK 5
SUNDAY JULY 30TH - WEEK 6
SUNDAY AUGUST 6TH - WEEK 7
SUNDAY AUGUST 13TH - WEEK 8
SUNDAY AUGUST 20TH - WEEK 9
SUNDAY AUGUST 27TH - FINALS AND PRESENTATIONS

BENDIGO VOLLEYBALL ASSOCIATION VOLLEYBALL@BENDIGOSTADIUM.COM.AU

SAFETY SQUAD

Safety Program for Primary Schools

RACV Safety Squad is a free safety program tailored for Victorian primary school students from foundation to grade six.

Schools can book a visit by an RACV educator to conduct a program that aims to empower students to stay safe both at home and on the roads. Themes include passenger safety, pedestrian safety, bike safety and identifying hazards in the home.

As part of the program, your school will receive free resources linked to the Victorian curriculum with a range of integrated teaching ideas and activities.

Schools can book a visit with an RACV Educator who can discuss a program to best suit the safety needs of your students.

- All sessions and curriculum support materials are fully subsidised by RACV and offered free of charge.
- Each school can book one day per year
- A minimum of two sessions and a maximum of six sessions are delivered per school visit
- Each session is 45 minutes in length with a class sized group (maximum of 30 students per session)

Join the Safety Squad and make a booking. Bookings can be made online at racv.com.au/education.

RACV Education

MONDAY LADIES NETBALL ASSOCIATION

WE ARE LOOKING FOR NEW TEAMS OR INDIVIDUALS WHO WANT TO PLAY SOCIAL NETBALL.

JOIN US!

Monday Mornings
School Terms Only

Red Energy Arena
91 Inglis St, West
Bendigo VIC 3550

Free Crèche

WE CATER FOR ALL GRADES OF NETBALL AND INCLUDE WALKING NETBALL.

ALL AGES

0406 255 017
secretary@mondayladiesnetball.com.au
www.mondayladiesnetball.com.au

Music should be fun and engaging, and this is my approach to teaching it. I do not focus on making rockstars, I focus on the development of creativity, coordination, and the belief that through effort comes result.
I do my very best to make students laugh and have fun, even while learning difficult and challenging pieces.
I have written my own music books for students to learn from - one copy is supplied each year as part of the lesson fee. Additional copies are $50.

PAYMENTS:
Lessons are charged at **$250 per term**. This pricing covers the book, a pair of sticks and the guarantee of AT LEAST 8 lessons per term.
I will always aim for 10 lessons per term, but this gives flexibility for camps, public holidays and absent students.

Please contact me if you have any questions.
Looking forward to a great year ahead!

Thanks again,
Adam

0409530880

Check out my Facebook page
https://www.facebook.com/adambourkedrumlessons/