White Hills Primary School No 1916
Week 9 Term 1 ***Wednesday 29 March 2023***
P 5443 0799
white.hills.ps@education.vic.gov.au

White Hills Weekly

Purpose

At White Hills Primary School, we provide students with skills to be lifelong learners. We are a community which caters for academic, physical, social and emotional needs, preparing our students to contribute productively to an increasingly globalised world.

Calendar of Events

Term 1 2023: Monday 30 January – Thursday 6 April

Week 9

Mon 27 Mar to Fri 31 Mar	Grades 3 – 6 Swimming
Friday 31 March	Ride/Scoot to school
Friday 31 March	P&FG Open Air Cinema 6:30pm

Week 10

Mon 3 Apr – Tue 4 Apr	Grade 3 Camp – Creswick
Wednesday 5 April	Grades 3 – 6 School Athletics
Thursday 6 April	**Last Day Term 1 – 2.30pm dismissal**
Friday 7 April	**Good Friday Holiday**

Term 2 2023: Monday 24 April – Friday 23 June

Week 1

Monday 24 April	**First Day Term 2**
	ANZAC Day Service 2:30pm
Tuesday 25 April	**ANZAC Day Public Holiday**
Thursday 27 April	School Cross Country

The Fathering Project

Are you looking for ways to bond with your young kids while also supporting their development? Look no further than playtime! At the Fathering Project, we believe that play is a game changer. By engaging in active play, you're helping your children explore, discover, and problem-solve.

And, the benefits don't stop there. Studies show that active play, such as rough and tumble play, can boost children's confidence, help them learn self-control, and develop fundamental movement skills.

Let your kids take the lead and choose activities that interest them. Whether you're building forts, playing board games, or chasing each other around the backyard, the important thing is to have fun and be present.

By giving your full and undivided attention you'll be supporting their development while also creating lasting memories.

Top Tips

1. Engage in physically active play. Opt for activities such as chasing, spinning around and dancing, or even gentle play wrestling on a safe, soft surface.
2. Let them choose. Have them choose what activity to take part in so they learn to explore and be creative.
3. Give them your undivided attention. Ask questions, engage and explore through play.

Dad joke of the week

What do you call birds that stick together? Velcrows...

Principal's News

Hi everyone,

Ride/Scoot to school with some Teachers

Our next planned ride is this Friday, 31st March, and we are hoping to have many students (and their families) join us. Our last ride had approximately 16-18 riders join us. Several staff members have committed to support riding with students and parents along the creek-side track, from both directions.

Mr Scoble & Mr Dickins will be starting at the bridge near Epsom Primary School at 8:15am, riding slowly along the bike track. They will make another stop at the Scott Street bridge at 8:25, before finishing at school. I will be coming from the opposite direction starting at Weeroona Avenue at 8:15. I will then make my way along the bike track stopping at the Bridge on Knight Street (behind Weeroona College) at 8:20 and then again near the playground just off The Boulevard in the Peppercorns Estate at 8:25. I will then follow the bike track to school. We look forward to riding to school with many students on Friday.

Open Air Cinema Night Fundraiser

Don't forget that our very popular cinema night, organised by PFG, is this Friday, 31st March from 6:30pm. OSH Club will be conducting some games for the kids from 6:00pm before the movie, Sonic 2 gets underway. There are plenty of food and drink options available at the event including hot dogs, sausages and hamburgers, popcorn, fairy floss, lolly bags and drinks. See price list in today's newsletter.

End of Term Dismissal

Students will be dismissed at 2.30pm on Thursday, 6th April as Friday is the Good Friday public holiday. We will have recess from 2:00 until 2.30pm, but due to Department of Education regulations, we are unable to dismiss students until 2.30pm. However, parents may collect children earlier if they wish. Please make sure you sign out your child/children before taking them home if you leave early.

Term 2 begins on Monday, 24th April, with Tuesday, 25th April the ANZAC Day public holiday.

Grades 3-6 Athletics

This event will be held next Wednesday, 5th April at the athletics track in Flora Hill. Students will be travelling by bus to and from this event at a cost of $5.00 per child. Parents are welcome to attend to watch their child participate.

School ANZAC Day Service

Student leaders will conduct the school ANZAC Day service on Monday, 24th April at 2:30pm, the first day of Term 2. Parents and friends are welcome to attend.

Easter Raffle

Our final assembly for the term will be this Friday, 31st March, where the Easter raffle prizes will be drawn, get your tickets in for a chance to win some great Easter egg packs. Thanks to the Parent's & Friends Group for organising and creating the prizes.

The Fathering Project-Games Night and BBQ a booming success

We had 232 registered to attend last Wednesday night, an amazing response from our school community – whilst we didn't quite have that many in attendance, it was very well supported. We had many fathers and father figures join us including dads, grandads, uncles and brothers. Orienteering courses in the Gardens for the Future along with outdoor games such as bocce, and finska, OSH Club outdoor games and indoor carpet bowls kept the masses busy while we served approximately 400 sausages along with 150 juice boxes to the crowd. Thanks again to our Fathering Project coordinators – Ben Reynolds, Brad Robinson, Ross Marsolino and Morgan Parry for their invaluable assistance to ensure the night was a success and a huge thanks to OSH Club for their sponsorship and for conducting the very popular outdoor games. Special mention to Bendigo Orienteering Club and to Craig Feuerherdt for setting and conducting the orienteering courses in the Gardens – they were very popular and enjoyed by the kids and adults.

Colour Run-enjoyed by all

Last Thursday, Energy Breakthrough conducted their annual Colour Run to raise funds to support the program. Most students participated with Cody H topping the fundraising efforts raising a staggering $442. A total of $7478 was collected to help the program in 2023. A huge thanks to our school community for supporting this event and as you can see from the photos, the kids had a wonderful day!

REPEAT NOTICES

Fundraising Calendar 2023

TERMS	MONTH	DATE	ACTIVITY	GROUP
Term 1		Friday 31st	Open Air Cinema Easter raffle drawn	PFG
	April	Thursday 6th	Out of Uniform-Royal Children's Hospital	School
Term 2	June	All month	The Wooden Store Fundraiser	PFG
		Friday 16th	Donut Day	PFG
		Friday 23rd	Out of Uniform- State's School Relief	School
Term 3	July			
	September	Monday 4th Thursday 14th	Pie Drive order forms due Delivery Pie Drive	PFG
		Friday 15th	Out of Uniform-To be chosen locally	School
Term 4	October			
	November			
	December	Friday 15th	Christmas Raffle drawn	PFG
		Friday 20th	Out of Uniform-Local hospitals	School

Instrumental Music
If families are wishing for their child to participate in private instrumental music lessons during school hours, the following options are available at White Hills PS. Please contact the music teachers directly to access lessons for your child.

- **Singing** – Louise MacGregor (0431 599 044) littlelungsmusic@gmail.com
- **Guitar/bass**/ukulee – Mason Matheson (0422 252 907) mason.matheson@gmail.com (begins Term 2)
- **Drums –** Adam Bourke (0409 530 880) Adam_bourke@live.com.au
- **Piano/keyboards –** Madelyn Kidd (0467 869 726) madelyn.mgkmusic@gmail.com

We are lucky enough to welcome Mason as our new guitar teacher. Mason comes with a great deal of experience as a guitar teacher through Muso's Stuff. He will begin in Term 2, but families can contact him now to arrange lessons. (see flyer in the newsletter this week).

Please let us know if there's anything further that we can do to support you here at WHPS.
Andrew Schaeche,
Principal

STUDENTS OF THE WEEK – Term 1, Week 8 Assembly (24 March 2023)

CLASS	NAME	AWARDED FOR…	CLASS	NAME	AWARDED FOR…
PP	Leo S	For aspiring to do his best in writing.	**4HB**	Hudson C	For consistently working hard on all tasks and working well with others.
PE	Aubrey K	For always working hard and having a go at everything we do!	**4O**	Kayden C	For showing huge improvement with his home reading routine.
PF	Rosie L	For being so kind to others and modelling respectful behaviours.	**4C**	Maddison F	For always applying herself to tasks with enthusiasm and completing work to a high standard.
PD	Seb E	For trying his best to complete all set work in the classroom.	**5R**	Haylee P	For the way she works hard to make sure every student in our class feels valued and respected.
1AK	Riley H	For working so hard on his writing and working well at his table. Keep it up Riley!	**5W**	Abbey B	For her application and resilience through NAPLAN.
1TD	Taio R	For always aspiring to be his best across all areas of his school work.	**5HB**	Bridgette W	For always trying her best and never giving up.
1G	Walter S	For being a fantastic leader in our maths activity and helping everyone in 1G.	**5D**	Jochebed W	For consistently applying all four school values. What a role model you are for everyone!
1B	Leo B	For aspiring to treat other people with kindness and respect.	**6R**	Sierra W	For the way she was humble and supported her peers who weren't successful in getting a House Captain position.
2TW	Mason L	For aspiring to do his best by following along during Shared Reading and always putting his hand up to share his ideas!	**6B**	Katara H	For the positivity she brings to the classroom.
2P	Freya M	For amazing maths work during our place value topic. You have shown excellent understanding of how to make different numbers using 10s and 1s.	**6MW**	Rubi A	For being a good friend yesterday by helping other overcome their fears.
2M	Jayvon Q	For being such a helpful member of the class. Thank you for always looking for ways to help your teachers and classmates.	**6F**	Willow J	For always being willing to put in 100% at whatever she does.
3M	Peyton R	For always shaving a positive attitude towards her learning.	**STEM Award Mrs Treloar**	Gabby C 5W	For his well thought out design features in his creek model.
3V	Harrison L	For being such a positive member of the class who always tries his best.	**Sports Award Mr Scoble**	Sam S 3V	For his excellent application during Physical Education.
3C	Oliver B	For aspiring to do his best and being resilient when challenged.			

Many thanks to all the Grandparents and Special Persons who were able to share their morning with our Preps at the White Hills Botanical Gardens. We are thankful for your kindness and commitment to this event.
From the Prep Teachers.

WHITE HILLS PS AND THE SHED GUYS

OPEN AIR CINEMA

FOOD AND TICKETS AVAILABLE AT EVENT

PRE-BOOKED OR CASH SALES ONLY

FRIDAY 31ST MARCH

SONIC 2

SINGLE TICKET $7 I FAMILY TICKET (4) $24

WHITE HILLS PS OVAL

GROUNDS OPEN AT 6.15PM - MOVIE STARTS AT 7.30PM (WEATHER PERMITTING)

OPEN AIR CINEMA

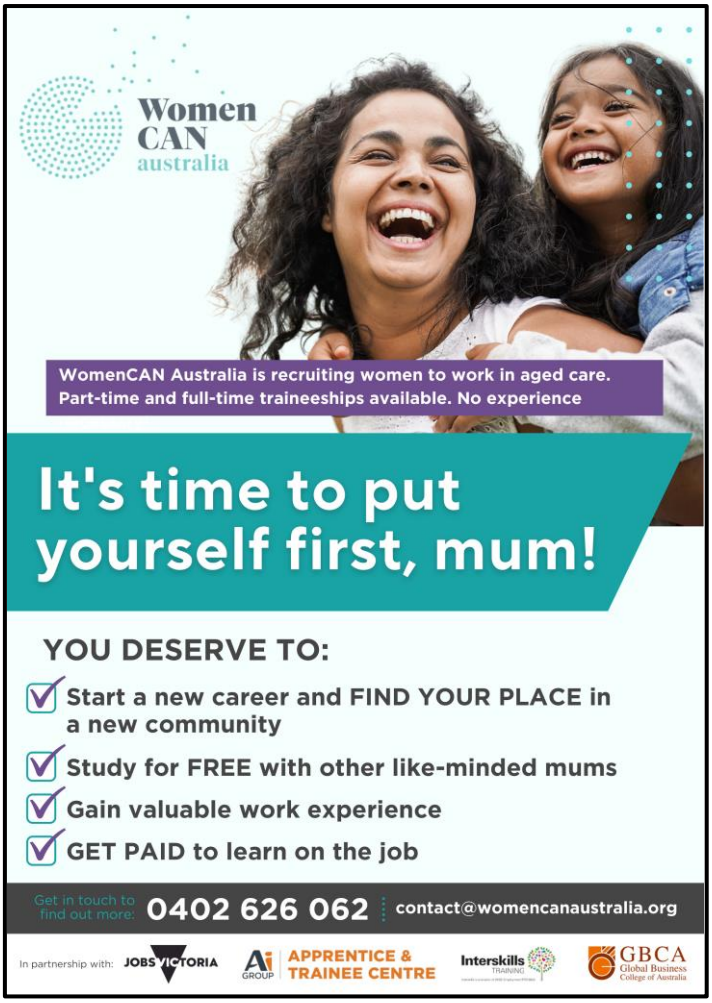
FOOD PRICES

$3 - SAUSAGES
$4 - HOT DOG
$4 - BURGER
$4 - VEGGIE
$4 - GLUTEN FREE BURGER

$2 - SOFT DRINK

$2 - POPCORN
$1.50 - LOLLY BAGS
$1.50 - CHOCOLATES
$3 - BROWNIE
$3 - FAIRY FLOSS

CASH ONLY


Women CAN australia
WomenCAN Australia is recruiting women to work in aged care.
Part-time and full-time traineeships available. No experience
It's time to put yourself first, mum!
YOU DESERVE TO:
Start a new career and FIND YOUR PLACE in a new community
Study for FREE with other like-minded mums
Gain valuable work experience
GET PAID to learn on the job
Get in touch to find out more: 0402 626 062
contact@womencanaustralia.org
In partnership with: JOBS VICTORIA
APPRENTICE & TRAINEE CENTRE
Interskills
GBCA Global Business College of Australia

Get work.
Get supported.
Get independence.
We facilitate job placements in the Aged Care sector for women in Bendigo, Echuca, Shepparton, Castlemaine, Gisborne and Kyneton in:
Cleaning
Laundry
Kitchen
Administration
Benefits
No experience or qualifications needed
Flexible shifts available
We'll support you the whole way
Requirements
Must be 18+ years
Must have Working rights in Australia
About us
WomenCAN Australia is a registered charity helping women get back into the workforce or finding their first job. Our team gives you support to build confidence and work skills that make you more financially secure.
Contact
Trish 0434 781 942 or Michaela 0402 626 062
contact@womencanaustralia.org
womencanaustralia.org
Women CAN australia
JOBS VICTORIA
Interskills

Peaceful Kids
Meditation and Mindfulness
Come and Try Session
Monday 27th April
4pm to 5pm
White Hills Football Rooms,
Function Room
Scott Street, White Hills
Limited spots available
To register your interest
contact Brooke Millar 0409 794197
Peaceful Kids program
'Peaceful Kids' is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. The program gives children the skills, practice and support to utilize coping strategies that lessen the symptoms of anxiety and stress and to build resilience. The program also involves parental involvement and commitment to supporting the strategies at home.
Outcomes of the Peaceful Kids program:
Lessen symptoms of anxiety and stress in children
Teaches children to self-calm
Empowers children to manage their own anxiety
Develops emotional intelligence skills
Teaches children life-long skills to manage stress and prevent stress build up
Supports children so they know that they are not alone with suffering from anxiety
Peaceful Kids is based on evidence-based therapies and research:
Mindfulness Based Stress Reduction program (MBSR)
Mindfulness-integrated Cognitive Behaviour Therapy (MiCBT)
Positive Psychology
Acceptance and Commitment Therapy
Program structure:
Peaceful Kids is a 8 week educational program for children
Sessions are for approximately 1 hour each week. (40-50 minutes for Prep and Year 1's)
Sessions include learning a range of mindfulness strategies and meditations and positive psychology exercises.
Children are guided through meditations daily online via the Peaceful Kids website: peacefulkids.com.au
Peaceful Kids is not a counselling or therapeutic program, rather an educational program.

KIDS DAY OUT
APRIL 7
FRIDAY 7 APRIL
10AM - 5PM
MELBOURNE CONVENTION AND EXHIBITION CENTRE
Melbourne's Favourite Family Fun Day is back!
Herald Sun
good Friday appeal

Music should be fun and engaging, and this is my approach to teaching it. I do not focus on making rockstars, I focus on the development of creativity, coordination, and the belief that through effort comes result.
I do my very best to make students laugh and have fun, even while learning difficult and challenging pieces.
I have written my own music books for students to learn from - one copy is supplied each year as part of the lesson fee. Additional copies are $50.

PAYMENTS:
Lessons are charged at **$225 per term**. This pricing covers the book, a pair of sticks and the guarantee of AT LEAST 8 lessons per term.
I will always aim for 10 lessons per term, but this gives flexibility for camps, public holidays and absent students.

Please contact me if you have any questions.
Looking forward to a great year ahead!

Thanks again,
Adam

0409530880

Check out my Facebook page
https://www.facebook.com/adambourkedrumlessons/