White Hills Primary School 1916

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03 5443 0799

Aspire - Respect - Resilience - Responsibility

Term 1 Week 10 April 3rd 2025 Newsletter

News from the School Leaders

Dear Parents and Carers,

I would like to wish everyone a safe and happy Easter break and we look forward to seeing all our student's back next term. I would like to thank all the staff for their diligence and hard work this term. It has been an extremely busy term for everyone and a holiday to recharge the batteries is very timely.

We also take this opportunity to thank parents for their continued support in developing strong learning partnerships.

A reminder that children will continue to wear school hats until the end of April, in line with SunSmart recommendations.

Last Day of Term and End of Term Dismissal

Just a reminder that tomorrow is a casual clothes day. Your child is encouraged to wear sun smart casual clothes. Please bring a gold coin donation. All funds raised will go towards the National Breast Cancer Foundation.

National Breast Cancer Foundation

Students will be dismissed at 2.30pm on Friday, 4th April. We will have recess from 2:00 until 2.30pm, but due to Department of Education regulations, we are unable to dismiss students until 2.30pm. Parents may collect children earlier if they wish.

Please make sure you sign out your child/children before taking them home if you leave early. Please note that Term 2 does not begin until Tuesday 22nd April, as Monday is Easter Monday.

Athletics (Term 2)

Wednesday the 23rd of April will be our Whole School Athletics Day. This is a fantastic day out at the Flora Hill Athletics Track and we are looking forward to a successful day. More details will come out at the beginning of term 2.

Open Air Cinema Night (Term 2)

The Parents and Friends group have organised our annual open air cinema night for the 2nd of May (Term 2). We are excited to announce that 'Minecraft' will be the movie selected for the upcoming cinema night. They are organising some tasty treats to be sold on the night so make sure you put this date in your diary and join us on the oval for a fun filled evening.

Anzac Day Service - Thursday April 24th 1pm

Our Student Leaders will host the annual WHPS Anzac Day service this year. Please come along to commemorate this occasion at our Whole School Anzac Ceremony.

Student free days for Term 2 2025

The following curriculum days have been approved by the School Council

- Wednesday, 28th May – Reporting & Assessment
- Monday 9th June - King's Birthday (Public Holiday)
- Wednesday 2nd July - Parent Teacher Interviews (students come to the interview)

Please note these dates in your diaries. We will also provide reminders via Compass as we get closer to these dates.

Statewide timeline to manage Prep enrolments for the 2026 school year

The statewide enrolment timeline provides Victorian government primary schools with clear timeframes for enrolling students who will commence Prep in the 2026 school year.

The timeline seeks to support schools and families by making the Prep enrolment process simpler, clearer and fairer.

The timeline includes key dates, activity descriptions and an overview of responsibilities to help schools to plan for their Prep enrolments. Key dates and activities for schools in the 2025–26 timeline include the following:

- Schools can receive enrolment applications from parents and carers from the start of Term 2, 2025. This follows the release of 2026 zones on the department's Find my School website and the publication of Foundation enrolment information packs.
- Enrolment applications from parents and carers are to be submitted by Friday 25 July 2025.
- Schools notify parents and carers of the outcome of enrolment applications between Monday 28 July and Friday 8 August 2025.
- Written appeals from parents and carers are to be lodged with schools by Friday 22 August 2025.
- Schools notify parents and carers in writing of the outcome of appeals by Friday 5 September 2025.

HOLIDAY REMINDER

Please take the school break as an opportunity to check and treat your child(ren) hair for headlice.

There have been several reports of children bringing chewing gum to school. Schewing gum is not permitted at school.

Regards Bec & Kim

The Wellbeing Team are holding a Mother's & Special Person Day breakfast to celebrate Mother's Day on Tuesday 6th of May.

8am-8:50am on the basketball court.

More details to come

Calendar of Events **Term 1 2025**

Wednesday 29th Jan – Friday 4th April

Term 1
4th Apr - Last Day Term Early Finish 2.30pm
School Holidays 5th April – 21st April

Term 2
22nd April Term 2 Starts
23rd April Whole School Athletics at Flora Hill Athletics Track
24th April – ANZAC Day Service at 1pm
2nd May – Open Air Cinema Night
9th May – Mothers & Special Persons Breakfast
7th-9th May- Grade 6 Camp- Burnside Anglesea
16th May – Division Cross Country
30th May – Division Hockey – Ironbark Hockey Centre

Wellbeing

The Wellbeing Team is seeking volunteers to support our Breakfast Club program, currently running on Mondays, Tuesdays and Wednesdays from 8:30am – 9:00am. With your help, we aim to expand this program to provide breakfast to students every weekday. If you're interested in joining our team, please reach out to Ricky at 03 5443 0799 for more information. Your contribution can make a meaningful difference in the lives of our students. Regards Ricky & Brioney

Well Done to all our students for participating in the school cross country!
Congratulations to our 2025 cross country placings!

Prep	Grade 1	Grade 2	8/9 year olds	10 year olds	11 year olds	12/13 year olds
Archie H	Braxton	Levi T	Tyler J	Jasper D	Ethan F	Smith M
Leo J	Mason	Oscar Y	Taio R	Archer C	Eli K	Dusty H
Hunter B	Ollie	Kyson C	Tristan	Jett S	Sam S	Harry L
Jade W	Scarlett	Ivy B	Gemma Q	Freya	Emily C	Olivia M
Charlie A	Hattie	Kenzie S	Pippa	Leena	Billie L	Soraya H
Meadow T	Paige	Elizabeth C	Molly	Maggie	Emmi O	Violet W

Wellbeing @ White Hills PS

Supporting your child over the holiday break

As holidays approach, a change of routine can sometimes be unsettling for our children. Keeping routines similar to school, including snack breaks, use of rewards charts, and using visual timetables at home to show what is on for the day, can all help with easing anxiety. This may also help with transitioning back to school after the holiday break.

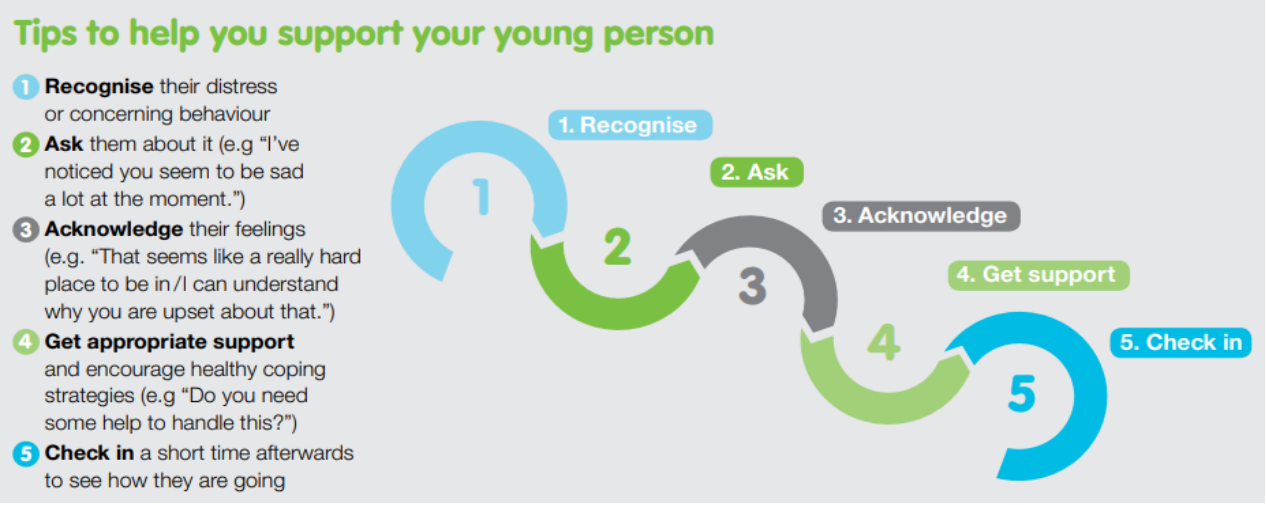
Other actions that support positive mental health over the holidays are:

- Exercise and eat healthily to boost their mood
- Prioritise sleep to support mental and emotional wellbeing
- Explore relaxation techniques and coping strategies (quiet time, colouring, breathwork, kids' yoga, use of Zones of Regulation, brain breaks on YouTube for movement)
- Stay in touch and catch up with friends and loved ones that they bond with at school
- Practice positive self-talk and gratitude (this could be discussing something they did that they are proud of, or sharing what they are grateful for in the day. Dinner time is a great opportunity for the family to share their own together and model positive self-talk).

Signs a child or young person may need mental health support

In some cases, the above actions will not be enough to support positive mental health. Keep an eye out on your child and seek professional help (GP is your first contact) for changes that *last two or more weeks*, such as:

- Loss of interest or involvement in activities normally enjoyed
- Feeling 'low', unusually stressed or worried
- Ordinary things get harder
- Being easily irritated or angry
- Taking more dangerous risks
- Withdrawal or feeling overwhelmed
- Difficulties with concentration and motivation
- Having a lot of negative thoughts
- Changing in sleeping and eating.



children's health & wellbeing local
Free support for children and their families

IN PARTNERSHIP WITH HEAD TO HEALTH kids

TERM TWO 2025

0-11 YEARS PARENT SUPPORT AND EDUCATION SESSIONS

The Loddon Children's Health & Wellbeing Local will be offering weekly education sessions related to mental health and wellbeing for parents of children 0-11. These are available in person. The session is run by a lived experience parent and mental health clinician.

Sessions are open to any family with children 0-11.

Why join in?

- Meet and mix with other parents.
- Talk to mental health staff about your child.
- Ask any practical questions you have about parenting at the moment.
- Gain support for yourself as a parent.

Where: Activity Room 2, Downstairs, Bendigo Library, Hargreaves St, BENDIGO 3550 **Note the *dates are in an upstairs room at the library. Use the lift to find us.**

Dates and topics: Thursdays

***Apr 24th**	**1pm** face to face	Sleep issues
May 1st	**1pm** face to face	Stop the tech
***May 8th**	**1pm** face to face	ADHD What is it and how can I help?
***May 15th**	**1pm** face to face	Managing big feelings
May 22nd	**1pm** face to face	Parent wellbeing
May 29th	**1pm** face to face	Anger in kids
Jun 5th	**1pm** face to face	Anxiety in kids
Jun 12th	**1pm** face to face	What is autism and how can I help? Presented by Daniel
***Jun 19th**	**1pm** face to face	Setting limits and family rules
Jun 26th	**1pm** face to face	Building social skills

If you have any questions, please contact Annette Clemments on 1800 433 977.

Book in here: using the QR code or email icfhwlocals@bchs.com.au

Student of the Week!

Principal Award

Please feel free to drop in or contact the admin team if you need any help.

Regards Sabina, Danni, Fleur and Alannah

Thanks to the Bendigo Braves for visiting our grade three classrooms to assist with reading.

From our community