







N:

13









## 3 Expectations

It's easy as 1,2,3 to help our Wellbeing Dog to learn to relax.





### I need:







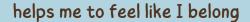








A mat to sit on. This



I need a special area in your classroom so that I feel comfortable calm and relaxed



# Things I love!

#### I love:

- coming to school
- people crouching beside me to pat me on my back
- when people are calm around me
- running and sniffing on the oval
- going for big walks
- having lunch with Mrs Gray



# Things I don't like .. 😮



- my ears being touched
- people running towards me
- running up behind me
- feeling unsafe
- loud noises
- too many hands patting at once

















