

# White Hills Weekly

White Hills Primary School No. 1916  
16 Plumridge Street (PO Box 6002)  
White Hills, Victoria 3550

Week 33  
Thursday, 20 October  
Jeudi 20 Octobre

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## Purpose

At White Hills Primary School we provide students with skills to be lifelong learners. We are a community which caters for academic, physical, social and emotional needs, preparing our students to contribute productively to an increasingly globalised world.

## Calendar of Events

### Term 4: Monday 3<sup>rd</sup> October – Wednesday 21<sup>st</sup> December

#### Week 33

Friday 21<sup>st</sup> October  
Friday 21<sup>st</sup> October  
Friday 21<sup>st</sup> October  
Friday 21<sup>st</sup> October

Prep Swimming  
Gr 5/6 St John of God First Aid Course  
**Gr 3 Major Excursion Payment due 4pm**  
**School Fair Raffle Tickets & Donations Due 4.00pm**

#### Week 34

Monday 24<sup>th</sup> October  
Tuesday 25<sup>th</sup> October  
Wednesday 26<sup>th</sup> October  
Wednesday 26<sup>th</sup> October  
Friday 28<sup>th</sup> October  
Friday 28<sup>th</sup> October

Prep PMP 2.30pm  
Gr 3 Bendigo Town Walk  
**Gr 1-2 Swimming Payment due 4pm**  
**Bendigo Cup Day Holiday**  
Gr 5/6 Interschool Choral Day 9-2.30pm  
Gr 5 Tennis Workshop 10-11.30pm

#### Week 35

Monday 31<sup>st</sup> October  
Tuesday 1<sup>st</sup> November  
Wednesday 2<sup>nd</sup> November  
Wednesday 2<sup>nd</sup> November  
Thursday 3<sup>rd</sup> November  
Thursday 3<sup>rd</sup> November  
Friday 4<sup>th</sup> November  
Friday 4<sup>th</sup> November

Gr 1/2 Swimming  
Gr 1/2 Swimming  
Gr 1/2 Swimming  
Gr 6 H&HR Session  
Gr 1/2 Swimming  
**Music Count Us In 11.00am**  
Gr 1/2 Swimming  
**School Fair**

#### Week 36

Monday 7<sup>th</sup> November  
Tuesday 8<sup>th</sup> November  
Wednesday 9<sup>th</sup> November  
Wednesday 9<sup>th</sup> November  
Wednesday 9<sup>th</sup> November

Parent Club Meeting after Assembly  
Prep Familiarisation Day 9.45 – 11.45am  
Prep Familiarisation Day 9.45 – 11.45am  
**Gr 6 Camp Payment due 4.00pm**  
Gr 6 H&HR Session

#### Week 37

Mon 14<sup>th</sup> – Fri 18<sup>th</sup> Nov  
Thurs 17<sup>th</sup> – Sat 19<sup>th</sup> Nov  
Friday 18<sup>th</sup> November

**Book Fair Round 2**  
**Energy Breakthrough Maryborough**  
**Gr 6 Graduation Bear due 4.00pm**

#### Week 38

Tuesday 22<sup>nd</sup> November  
Tuesday 22<sup>nd</sup> November  
Tuesday 22<sup>nd</sup> November  
Wednesday 23<sup>rd</sup> November  
Wed 23<sup>rd</sup> – Fri 25<sup>th</sup> Nov  
Thursday 24<sup>th</sup> November  
Friday 25<sup>th</sup> November  
Tuesday 6<sup>th</sup> December  
Wed 7<sup>th</sup> – Fri 9<sup>th</sup> December  
Wednesday 14<sup>th</sup> December  
Thursday 15<sup>th</sup> December  
Friday 16<sup>th</sup> December  
Tuesday 20<sup>th</sup> December  
Tuesday 20<sup>th</sup> December  
Tuesday 20<sup>th</sup> December

Prep Familiarisation Day 9.45 – 11.45am  
**Gr 5 Camp Payment due today 4.00pm**  
**Gr 1 Tea Payment due today 4.00pm**  
Prep Familiarisation Day 9.45 – 11.45am  
Gr 6 Camp  
Gr 1 Tea 5.00pm-7.30pm  
Prep Tea  
**Orientation Day**  
Gr 5 Camp  
**Carols/Presentation Night**  
Gr 2 Sleepover  
**White Hills Idol**  
Out of Uniform Day – Gold Coin Donation  
**Uniform Shop Closed**  
Last Day of Term 4 – 1.30pm dismissal

## Principal's News

### School Fair – Friday 4<sup>th</sup> November

*With only 2 weeks to go, excitement is building..*

We require your support with donations and helping your child's grade with their activity. Please contact your child's classroom teacher to offer your assistance.

### Prep Familiarisation Days

Our first Prep Familiarisation Days for children commencing school in 2017 will be held on **Tuesday, 8<sup>th</sup> November** and **Wednesday, 9<sup>th</sup> November** from 9.45am to 11.45am. These visits will consist of stories, making activities and play sessions both inside the classrooms and in the outside play area. Children will be allocated **one** of these days to attend school so they can spend some time practising being Preps in readiness for next year. Remember to bring a hat because if the weather is fine we will be spending some time outside. *See page 2 for second sessions.*

### Lead By Example

*From an article by Professor Geraldine Naughton. Sports Medicine Australia's spokeswoman on children's physical activity.*

Children learn a great deal from their parents. If you want your children to eat well and exercise then lead by example. Children learn to like what they are familiar with. The best thing we can do as a family is model good food behaviour and good eating habits. So if you eat well as a family, your children will learn that this is what we eat as part of our food culture. One of the biggest issues with eating is snacking especially on foods that are not healthy. The time a child snacks is as important as what they snack on. Snacking before main meals will obviously result in them not eating much of the meal prepared. After school is a good time to snack, but make it a healthy one which won't fill them up too much.

The story is the same for exercise. Children with active parents are more likely to be active themselves and if children are active from an early age it will help them enjoy a happy childhood and become healthier adults. It is suggested that parents plan for free and preferably outdoor active play every day and set limits on the time spent on less active behaviours (eg. watching TV, using gameboys and computers.) Get into the game with your child. Get the whole family involved in a game of chasey or have races. Be silly. Let your children see how much fun they can have while being active. Put your kids in charge- Let each child take a turn choosing the activity of the day or week. Park further away from the shopping centre and walk some of the way, use the stairs instead of the lift or get up earlier and go as a family to walk the dog. But most of all, every activity should be fun. If children are enjoying themselves they are more likely to keep being active.

*Scott Ross*  
*Acting Principal*

### Bendigo Cup Day Holiday

Next Wednesday 26<sup>th</sup> October is the Bendigo Cup Public Holiday. There will be **no school** on this day.

## Prep Familiarisation Days Cont:

Our second Familiarisation Days will be held on **Tuesday, 22<sup>nd</sup> November** and **Wednesday, 23<sup>rd</sup> November**, from 9.45am to 11.45am. Notices with full details of our first Familiarisation Day will be distributed in Pre-schools or sent to parents by the start of next term. If you do not receive a note please contact Jan Ellis.

We ask that your child attends school on the allocated Familiarisation Day they receive, as children enrolled at White Hills Primary, will attend in smaller groups over the two days to help them feel comfortable in their new school environment. Please do not change your day to another session as this results in an imbalance of student numbers.

## Music/Drama News

### New Music And Drama Lessons

Flute, Singing and Drama Lessons are now up and running at White Hills. Come and join the fun. Hire flutes available.

Call Drew on 0407 502 438 or email [drewthorpemusic@gmail.com](mailto:drewthorpemusic@gmail.com)



## Parent Club News

### Next General Meeting

Our next General Meeting will be held **Monday 7<sup>th</sup> November** in the staffroom after assembly.

## School Fair

**Friday, 4<sup>th</sup> November 4.30pm-7.30pm**

We are currently asking for donations from local businesses for prizes and activities. If there are any families in our school community who have a business and can help out with donations of vouchers or items, can you please leave them at our school office. Your assistance is very much appreciated.

### Raffle Tickets

Raffle books for the school fair raffle are **DUE BACK TOMORROW**, Friday 21<sup>st</sup> October 4.00pm.

### Grade Donations Required

Donations in each grade are **DUE TOMORROW** with your child. *Please check with your teacher for this information.*

### Stall Holders

Anyone wishing to hold a stall on the day, the cost is \$20.00. Please note that we don't permit you to sell drinks of any kind. Leave your contact details at the office. Please supply your own tables on the day.

*Please secure your position now, as they are filling fast.*

## Thank you to the following Sponsors of our 2016 School Fair

@Home, Allara Motor Lodge, Anytime Fitness, Apco, Balgownie Estate Winery, Beechworth Bakery, Bendigo Art Gallery, Bendigo Bank White Hills, Bendigo Bowling Centre, Bendigo Central Pharmacy, Bendigo Dyno Tuning, Bendigo Food Store, Bendigo Heritage Attractions (Central Deborah Gold Mines, Bendigo Tramways and Bendigo Joss House Temple), Bendigo Mower Service, Bendigo Pottery, Bendigo U.F.S Pharmacy, Body Shop, Cake Walk, Chef's Toolbox, Clark Rubber, Cute and Cosy, De'Lish Cafe, Discovery Centre, Doctor On The Way, Domino's, Eaglehawk U.F.S Pharmacy, Envy Metal Polishing, Epsom Cafe, Epsom Dental, Falcon's Baseball Club, Fees Hair Bizz, Games World, Get Wrapped, Golden Dragon Museum, High on Pastry, Hip Pocket, J's Music, Jamberry, Kmart, Kyani, Marong Garage, Mary Kaye, McDonald's, Mr. Good Times, Mulligrubs, My Hair, Newmarket Bakery, North Bendigo Junior Football Club, Nutrametics, Premix King, Ray's Tent City, Rebel Sport, Repco, Reservoir Hotel, Rising Sun, Scentsy, Skin Ski and Surf, Small Things by Jess, Sportpower, Sports Co., Spotlight, Strath Village Flowers, Step Into Life, Strath Village IGA, Subway Epsom, The All Seasons Hotel Bendigo, The Lakeview Hotel, The Light Switch, The Shed Guys, The Wellington at Botanical Gardens, The Zone, Total Tools, Toyworld, Tyrepower, White Hills Butcher, White Hills Primary Pool, Your Inspiration at Home

## Junior School News

### Prep News

#### Pupils Of The Week

Congratulations to *Xander, Austin, Kaylee C, Bailee and Sophie L*, our Prep “Pupils of the Week” for this week. These Preps are becoming confident and resilient at school. Well done!

#### School Fair

The Prep grades require suitable items for Lucky Dips and Lucky bags for our activities at the school fair. We will also be holding a “Guess Where Clifford’s Flea Is” contest and ask that each Prep child brings a small chocolate bar, chocolate frog or wrapped lollies to be used as a prize for this activity. Please leave these items with your child’s teacher.

#### Walk To School – October

Over October we are encouraging the Prep children to participate in the Walk to School program. Children can ride, walk or scoot to and from school and the number of days they participate are recorded on a chart in our rooms. You can walk your children part of the way to school if you live a distance away. Eg from the Botanical Gardens.

#### Prep Perceptual Motor Program (PMP)

PMP will recommence next **Monday, 24<sup>th</sup> October**. We look forward to seeing our parent helpers at 2.30 pm on Monday.

#### Prep Swimming Program

The Prep swimming program will conclude tomorrow, **Friday 21<sup>st</sup> October**, at the Eaglehawk Leisure Centre, YMCA indoor heated pool. The program will consist of five 40 minute sessions based on the development of swimming and water safety skills and will be overseen by Aust Swim trained instructors.

#### Hint For The Week

The most important part of reading together is **enjoying** the book. Let children choose their own books and encourage them to talk about the books they have read.

### Grade 1 News

#### Students of the Week

**1M – Oliver E** for his independent narrative writing.

**1D – Taleah W** for making a great start at White Hills Primary.

**1P – Miller** for her responsible attitude to all areas of her learning.

**1CK – Tynan** for getting started on tasks quickly without getting distracted.

#### School Sports

Congratulations to all of the kids that participated in our junior sports day on Wednesday. We finally got some sunshine to enjoy the event. Well Done Kids!

#### Learning Portfolios

Please return these to school with the completed two stars and a wish form to your child’s classroom teacher as soon as possible. The end of year school reports will be sent home in the learning portfolio.



*Congratulations to our Birthday children*



*Congratulations to our Students of the Week*



## Water Bottles

As the weather is finally starting to warm up a little bit we have noticed the children wanting to drink more. Please ensure your child has a water bottle to leave in the classroom during the day so that they don't need to access the bubble taps regularly during class time.

## Swimming

Swimming takes place for all students **from Monday 31<sup>st</sup> October until Friday 4<sup>th</sup> November**. Please return the green and pink notes to your child's class teacher ASAP.

## Grade 2 News

### Students of the Week

**2B** – Isaac G for his great work when completing Study Ladder tasks.

**2F** – Koby L for great work on his spelling test.

**2G** – Cody M for concentrating and always working hard in class.

**2H** – Larni G for always completing work to a high standard and being a great role model to those around her.

### Naming student items

With the unpredictable weather and students still wearing jumpers, parents we ask that you make sure they are clearly named so they can be returned if taken off during the day. This also goes for other items such as, drink bottles and lunch boxes.

### School Fair donations

A reminder for parents, to help with the organisation of our school fair, the fair committee are seeking donations from every grade level. Grade 2 families have been asked to donate lolly bags by Friday 21<sup>st</sup> October. Please bring your donations to your child's classroom teacher in the coming weeks.

### Swimming notes

We are still waiting on some swimming notes to be returned. The program starts on **Monday 31<sup>st</sup> October** and continues through to **Friday 4<sup>th</sup> November**. The permission and swimming assessment forms need to be return to your child's classroom teacher as soon as possible because they need to be returned to the YMCA ahead of time. Payments must be made by 4.00pm, **Wednesday 26<sup>th</sup> October** as per the White Hills Primary School Excursion Policy the cost is \$53 if you haven't already pre-paid.

### Learning Portfolios

Just a reminder to please ensure all learning portfolios are bought back to school as soon as possible. Classroom teachers need them back to start organising term 4 items to showcase.

*Junior School Teachers*

## Middle School News

## Grade 3 News

### Students of the Week

**3N** – Sierra P for being helpful and cooperative and always trying her best.

**3CT** – Mitchell H for his wonderful reading improvement and effort.

**3RD** – Ebony H for the extra effort she has been putting in to her handwriting.

**3B** – Paw for making a great start at WHPS.

### Bendigo Town Walk

Thank you to the families who have already returned their notes and payments. If you have not returned your note yet please do so as soon as possible as the excursion is only a **WEEK away**. Attendance for the excursion is important as it links closely with our class learning.

### School Fair

The School fair is fast approaching! Grade 3 stalls include: Plant stall / Silent Auction, Face painting, Sponge throw and Chicken wraps. If you are available to assist with your classes stall please see your classroom teacher. It is vital we have assistance to make the fair as successful as possible. Don't forget to send your donations to the classroom where they will be collected. A big thank you to families who have already donated items.

### Learning Portfolios

Congratulations to all the families who have already returned learning portfolio's back to school. Portfolios are due back for Term 4. Please remember to sign and include a positive comment in your child's portfolio.

## Tissue Supply and Stationary

Classrooms are running very low on tissues, if you could send a spare box to your classroom that would be much appreciated. Also many students are running low on basic stationary including pencils and rubbers. Please ask your child if they require any thing and top up if possible.

## Grade 4 News

### Students of the Week

Congratulations to these students of the week.

**4G-** Dane M for an excellent start to term 4.

**4M-** Max M for excellent use of descriptive language when describing 3D shapes.

**4T-** Braedon W for an excellent effort during all reading tasks.

### Excursion Tuesday - CERES Melbourne

The students had a great time at the environment park. They learnt lots about sustainability and being energy efficient. This will be a great lead into the students looking at ways we can improve our recycling and sustainability at school. Thanks to all the parent helpers for coming along and helping out.



### Fair - Friday 4<sup>th</sup> November 4.30-7.00pm

The fair is fast approaching if you have not made your donation of soft drink cans, we would appreciate them as soon as possible. Please send them along to your child's classroom.

### Chinese Presentation

We are looking forward to the presentation from Rylee, the teacher from our sister school and the 5 students from Jinji Lakes about their culture and school life. We look forward to learning some new Mandarin words.

### Bendigo Cup Day

*Bendigo Cup Day is on next Wednesday.* There will be no school on this day.

*Middle School Teachers*

## Upper School News

## Grade 5 News

### Students of the Week

**5K - Seth B** for a fantastic start to term and working more consistently.

**5O - Caden G** for his improvement in his spelling.

**5W - Claudia M** for her fantastic work ethic in class.

### Camp

Grade 5 camp medical forms were due on Tuesday. Thank you to all parents for getting these to us on time, so that we can organise clothing lists and food. Please remember to keep making regular payments, as we only have around 4 weeks left to finalise this.

### First Aid Workshop Tomorrow

Tomorrow, Friday, 21<sup>st</sup> October there will be a First Aid workshop held at school for all Grade 5/6 students. Our students will have the opportunity to learn basic first aid skills as well as CPR. This is a free event through St John Ambulance Victoria.

### School Fair

All School Fair chocolate donations for every Grade 5 student are due this Friday, 21<sup>st</sup> October. Please remember that it is only Cadbury 200g varieties. Thank you for your generosity thus far! Every donation, big or small, certainly helps our school community.

### Bendigo Cup Holiday

*Next Wednesday, 26<sup>th</sup> October is the Bendigo Cup Public Holiday.* There will be no school on this day.

### Gr 5/6 School Choral Day

Next **Friday, 28<sup>th</sup> October** there will be an excursion for all students involved in the Grade 5/6 School Choir. Students will be leaving the school at 9.00am to head to St Andrew's Hall in Mollison St to participate in music workshops. Students will be arriving back at school just after lunch. Students will need to pack their recess, lunch and water for the day. If you have a Working with Children's Check, and are able to help out Mr Trevor Trewartha on the day, please see him at school. Thank you.

## Tennis Workshop

Also on **Friday, 28<sup>th</sup> October** there will be a free Tennis Australia workshop held at the tennis courts opposite Lake Weeroona. All Grade 5 students, minus the choir group, will be walking to the courts at 9.00am next Friday, and returning to school by lunchtime. Please ensure that your child has appropriate footwear for the day, as well as their school hat, a water bottle and their recess.

## Headlice Checks

There were recent headlice checks at school. We encourage you to continue checking your child's hair thoroughly each fortnight, especially as we come into the warmer weather.

## Grade 6 News

### Students of the Week

**6B - Has Lwe Moo** for such a great response to his Lit Circles activity.

**6G - Milli W** for going above and beyond in her homework activity.

**6P - Holly G** for putting so much effort into her homework.

### Homework

This week's homework will be a task and was handed out today. This is expected to be submitted by next Thursday, 27<sup>th</sup> October. We appreciate parents continuing to support and emphasise the importance of adhering to a regular homework routine.

### Health and Human Relations Sessions

As part of the Australian curriculum, Grade 6 students are required to participate in health and human development sessions. These sessions will go for one hour and be conducted by Leona Evans, our school nurse who has had many years' experience in delivering these sessions to Grade 6 students. These sessions continue on **Wednesday, 2<sup>nd</sup> November and Wednesday, 9<sup>th</sup> November**.

### Anglesea Camp

As parents are aware, our school camp is taking place from **Wednesday 23<sup>rd</sup>-25<sup>th</sup> November** at Burnside Camp in Anglesea. Camp is only 6 weeks away and it is 4 weeks until the payment deadline. We encourage families to make regular payments to avoid paying a large sum at the last minute. The final balance is due on **Wednesday, 9<sup>th</sup> November by 4.00pm**. A note went home to families yesterday who still have outstanding payments.

### St John of God First Aid Course Tomorrow

On **Friday, 21<sup>st</sup> October** all Grade 6 students will be participating in a first aid course, run by paramedics from St John of God hospital. This is a fantastic opportunity and necessary life skill for our students to learn how to administer first aid when required. Our sessions will be held in the school from 9.15am-11.00am, with each session taking 45 minutes.

### Weeroona College Bendigo Big Day Out Tomorrow

On **Friday, 21<sup>st</sup> October** all students who are attending WCB in Year 7 2017, will be attending their 'Big Day Out' which is a two-hour activity based transition session. Students will get the opportunity to meet and socialise with students from other schools who are also attending WCB in 2017. We will leave WHPS at 12.00 noon and return to school by 3.30pm.

### Attention Grade 6 Parents/Guardians

Is your child attending Weeroona College next year? If so, did you know that the Weeroona College Uniform Shop has discounts on all new uniforms for the month of October ONLY. Should you wish to take advantage of the current discounts, could you please telephone Janice at the shop on 5444 0879 to arrange an appointment for a uniform fitting. Shop hours will be extended for October to allow time for all new students to purchase their uniforms.

## Phys Ed News

### Walk to School 2016 Photo Competition



Our school is getting behind Walk to School month by supporting students to get active on their way to school.

As a part of the campaign our school is also participating in a photo competition, where families can capture and send through their most creative 'Walk to School' photo to be in the draw to win a healthy breakfast for the entire school provided by the City of Greater Bendigo!

Send your photos to [activetravelhealthykids@bendigo.vic.gov.au](mailto:activetravelhealthykids@bendigo.vic.gov.au) for your chance to win!

**Entries close Tomorrow 21 October.**

Please note, by submitting photos to this competition you have provided consent for your photos to appear on social media and newspapers for promotional purposes.

# After School Care Program

## Our Theme of the Week

This week we had 'Alvin and the Chipmunks' theme suggested by Sophie. The children have been drawing their own favourite movie characters and also colouring in pages while some OSHC children have designed characters from art and craft supplies.

## Fab Legend of the Week

Our OSHC Fab Legend of the Week this week was Joshua. Joshua loves being in OSHC and gets involved in all activities both inside and out and has been coming up with activity ideas for all to play. Congratulations Joshua.

## Hat Season

Just a reminder to parents and children that we are now in Term 4 mode so we need brimmed hats in OSHC as well so if you would like to leave a spare hat with us at our OSHC room feel free to leave one with us.

## Considering OSHC for your Child?

We always encourage families to drop into OSHC and have a look to see what fun we get up to. In After School Care our children are always kept busy with indoor activities from art and craft to construction and we get outside for ball games and playground time. We also have Fruit snack and second snack. Come and have a chat with our friendly staff for more information.

**After School Care Team: Jamie, Eilish, Tracy, Jenna, Jake, Josh and Jorgia.**

**White Hills OSHC phone: 0402 590 272**

**Camp Australia Customer Care: Phone: 1300 105 343 Email: [oshc@campaustralia.com.au](mailto:oshc@campaustralia.com.au)**

### UNIFORM SHOP

Friday 21 October	<b>Kate Duncan</b>
Tuesday 25 October	<b>Heather Veitch</b>
Friday 28 October	<b>Kelly Adcock</b>

**Changed Price List** A new price list will take place at the start of Term 4. Due to supply increases, some items have gone up \$1 or \$2.

#### **Opening Times 2016**

**Tuesday 3.30pm – 4.00pm and Friday 3.30pm-4.00pm**

*Kim Engi, Terri Massese & Deb Button*

### SICKBAY ROSTER

Friday 21 October	<b>Lyn Hicks</b>
Friday 28 October	<b>Helper Needed</b>

*Please collect from the office at the end of the day*

### NEWSLETTER ROSTER

Thursday 27 October	<b>Nat Schroeter</b>
Thursday 03 November	<b>Sherryn Taylor</b>

*Please collect from the office at the end of the day*

### CANTEEN ROSTER

Friday 21 October	<b>Brent Monro</b> <b>Fiona Robinson</b> <b>Mary Stevens</b>
Wednesday 26 October	<b>Bendigo Cup Day</b>
Friday 28 October	<b>Tammie Bourke</b> <b>Heather Veitch</b> <b>Kelly Adcock</b>

**Helpers Wanted** We are in urgent need of more helpers for our Term 4 rosters. Please contact us if you can help.

**Please note that there is no honeycomb milk available, vanilla is now available in its place.**

#### **Helpers to arrive at 12.30pm**

Orders are to be written on a **large paper lunch bag unless ordered through Qkr, (NO ENVELOPES), one per child.** Lunch bags are available for 10 for 60c or 10c each, with lunch orders and will be sent home.

**Urgent Reminder:** *If you are unable to assist with canteen duty, please arrange a swap or inform the office so that a replacement helper can be arranged.*

*Mrs Helen Williams, Canteen Manager*

## Community News

### Zodiacs Netball Club try out dates

The Zodiacs Netball Club affiliated with BSNA will hold their annual tryouts for Grade 6 (2017) AND under 13's (year 7 2017) teams for SEASON 2017 on the following dates:

#### SUNDAY, 30<sup>th</sup> October

Grade 6, Registration 9:30. Tryouts, 9:45 - 10:30

Under 13's, Registration 10:15. Tryouts, 10:45 – 12:30

#### MONDAY, 31<sup>st</sup> October

Grade 6, Tryouts, 4:30 - 5:30

Under 13's, Tryouts, 5:15 – 6:45

Attendance at both sessions is preferred for best chance of selection.

Tryouts will take place at BSE on the outside courts. Please make sure you bring along a drink bottle and be sun smart.

For further information please email [zodiacsbgo@yahoo.com.au](mailto:zodiacsbgo@yahoo.com.au)

### Sports Focus Program

Miss Me-time is a concept that has stemmed as a result of the VicHealth Regional Sport Program that Sports Focus is funded to deliver, that focuses on providing women across Bendigo the opportunity to participate in fun activities that will make them feel good, while taking some 'Me-time'. We have organised 14 different activities over 11 weeks for our Spring/Summer Series. These activities commenced in October and will continue through to December. Women are encouraged to 'like' our Facebook page for more information and to keep up-to-date with our events. Our Facebook page can be found at

<https://www.facebook.com/MissMetime/>

For further information, please don't hesitate to contact me on [staceyk@sportsfocus.com.au](mailto:staceyk@sportsfocus.com.au) or 5442 3101.

Stacey Keller  
Project Coordinator



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[www.sportsfocus.com.au](http://www.sportsfocus.com.au)

**SPORTS FOCUS**  
SPORT & RECREATION FOR ALL

*"Supporting the development of a sustainable sport and active recreation sector".*

### Bendigo Golf Club: Junior golf clinics

Here at Bendigo Golf Club we want to introduce juniors to the game of golf in a relaxed and fun environment with a range of activities and games, helping them develop the skills required to play golf to the best of their individual abilities.

**When:** Monday afternoons from 4-5pm

**Where:** Bendigo Golf Club, golf course road Epsom

**How Much:** \$10 per class

**Age Group:** 5 – 17 years old

**Includes:**

- Video analysis
- Tuition from an experienced PGA Golf Professional
- On course participation

Please contact Bendigo Golf Club PGA professional Brad Wilson for bookings and further information as numbers are limited.

P: 0421 802 337

E: [bradwilson@pgamember.org.au](mailto:bradwilson@pgamember.org.au)

### Funloong Fun Day

Saturday 29 October 11.00am to 2.00pm in Bendigo Mall

Lots of activities for kids and sausage sizzle

### 2016 Junior Tennis Hot Shots League Competition

Hot Shots league is a fun way for kids to get into team tennis, teaching the rules and scoring. Using some modified equipment and courts this competition is time and family friendly. We play Fast Four rules.

**When:** Starts Friday 21<sup>st</sup> October, then every Friday for 6 weeks

**Time:** 5.30 TO 7.30 PM

**Cost:** \$30.00 per player for the 6 weeks.

**Venue:** Roy Bateson Tennis Complex, Crowther St, Eaglehawk VIC 3556

**Teams to be decided by Vic Tennis Coach – Brandt Fleming**

**CONTACT:** Your Local Tennis Club (your child needs to be a member of a local tennis club.)

**OR:** Louise Kemp-0499 152 010 Secretary of E&DTA Inc.

**Email:** [Edta3556@gmail.com](mailto:Edta3556@gmail.com)