At White Hills Primary School we provide students with skills to be lifelong learners. We are a community which caters for academic, physical, social and emotional needs, preparing our students to contribute productively to an increasingly globalised world.

Welcome
The school would like to welcome Mrs Stephanie Dole who will be working in the Grade 4 area for the remainder of this year. Stephanie will be replacing Mrs Tanner who is taking leave.

Literacy & Numeracy Week: Next Week
Next week will see the school celebrate Literacy and Numeracy week. Teachers have been busy planning with their teams a wide range of engaging and enjoyable activities that students will participate in throughout the week. It also allows parents to further promote the importance of literacy and numeracy within the home.

Research tells us that good reading habits start very young and if this becomes routine at an early age the love and joy for reading tends to continue to develop into the future.

To find out more about the week and gain access to some wonderful parent resources visit www.literacyandnumeracy.gov.au

Energy Breakthrough
A big thank you to the parents, students and teachers that attended the HPV event held in Bendigo last Saturday, another wonderful team performance. From all reports the team worked extremely cohesively together with all students putting in their best effort. A big thank you to Mr Byron and Mrs Price for their wonderful organisation.

Building Works
Works on the new shed that is being erected near the back gate are to conclude early next week. We thank parents and students for their understanding and consideration during this time. The shed will allow the school much needed storage for the Energy Breakthrough team and Mr Fidler the school maintenance person.

Sun Smart Reminder (Hats)
A reminder to parents the schools SunSmart policy requires students to begin wearing hats on Thursday 1st September. All students will need to begin wearing their broad brimmed hats in the outdoors from this date. Hats can be purchased from the school uniform shop for $10.

Screen Time
A must read, see Page 2

Cadbury Chocolate Fundraiser Overdue
All money and unsold chocolates are now overdue and MUST be returned to school ASAP

Hoping that everyone has a great week ahead,
Corey Warne
Acting Assistant Principal

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**Father’s and Special Person’s Breakfast**

Wednesday 31st August 7.30am-8.30am
(Free to go from 8.00am if needed)

Menu
Cereal, toast, yoghurt and fruit
(Tea, coffee and juice will be available)

We look forward to seeing you there

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**Urgent Donations Needed For Fathers/Special Person Day Stall: Friday, 2nd September**

Please donate gifts by Monday 29th August.

We currently have 171 gifts and with 601 students we are far short of the gifts needed.

See Parent Club News for more info:

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**Calendar of Events**

**Term 3: Monday 11th July - Friday 16th September**

**Week 28**

Mon 29th - Friday 2nd Sept
Monday 29th August
Tuesday 30th August
Tuesday 30th August
Wednesday 31st August
Thursday 1st September
Friday 2nd September
Friday 2nd September

**Week 29**

Monday 5th September
Monday 5th September
Monday 5th September
Tuesday 6th September
Wednesday 7th September
Thursday 8th September
Thursday 8th September
Friday 9th September

**Week 30**

Monday 12th September
Tuesday 13th September
Tuesday 13th September
Wednesday 14th September
Friday 16th September
Friday 16th September
Friday 16th September

**Term 4: Monday 3rd October – Wednesday 21st December**

**Week 31**

Wed 5th – Fri 7th October
Monday 10th October
Monday 10th October
Tuesday 11th October

**Literacy & Numeracy Week**

Grade 4 Bike Ed
Grade 4 Bike Ed
Father’s/Special Person Breaky 7.30am
First day - Hats on
Gr 2&3 Jets Gym
Father’s/Special Person Day Stall

**Prep/Gr 1 Jets Gym**

Grade 4 Bike Ed
Gr 4, 5 & 6 Jets Gym
WCW Football/Nethall Day
Gr 1 Excursion to Ulumbara Theatre
Payment Due for Little Mermaid 4.00pm
Gr 2&3 Jets Gym

**P-6 Little Mermaid Performance**

Gr 3&4 Camp Final Payment Due 4pm
Division Athletics
Gr 2&3 Jets Gym
Canteen & Uniform Shop Closed
Last Day of Term 3 – 2.30pm dismissal

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**Principal’s News**

Principal
Screen Time

Smart phones, tablets and video games are all parts of a child’s world. There are benefits of allowing our children to have access to technology, however, like junk food, too much can be harmful.

Screen time disrupts sleep and upsets the body clock

Light from screen devices mimics daytime and supresseses melatonin asleep hormone released by darkness. High arousal from light doesn’t permit deep sleep and deep sleep is how we heel

Screen time overloads the sensory system, lessens attention and depletes mental reserves.

Screen time reduces physical activity and exposure to ‘green time’.

So…. How can we begin to reduce children screen time?

- Make the dinner table and electronic free zone.
- Choose start up and cut off times- an hour after rising and an hour before bed are great ideas.
- Introduce a half day of screen free family time over the weekend.
- Have a communal space where all electronic are placed at night.
- Choose a screen free night during the week and substitute screens for family games/walks.

Setting Limits For Children

From an article from "Parenthood" by Robin Barker.

LIMIT SETTING:

Children are happiest when they know what to expect from their environment and the people they share their lives with. Routines organise life into an efficient and convenient structure. Rituals are customs that have a social and emotional significance. Christmas, family reunions, Sunday visits to grandparents, etc are rituals that give a sense of shared experience and strengthen the bond between parents and children.

Early School Age (5-8). Children in this age group can reason more, are interested in how things work and explore the wider world with enthusiasm and excitement. However their view of life still centres around their parents and they still think and live mostly in the present. Routine and order is important, so help your child structure his/her day with a few consistent, clear rules. Removing privileges is an appropriate consequence of undesirable behaviour at this age. Consistent encouragement to finish tasks (household chores, homework, brushing teeth) is important, but try not to nag.

Late School Age (8-12). From 8 onwards, children start to question their parents’ opinions and values. They are increasingly influenced by peers. Smarty-pants behaviour is common especially towards parents. As children move towards 12, they should need less and less supervision to look after themselves and structure their days. Your job is not to wait on your child hand and foot, but to allow him/her time to look after him/herself. It is still important to know what children are doing and who they’re with and talk to them, eat with them, supervise TV and computer use, and make sure there is family time away from the screen.

Student Banking

As previously advertised in 2016 Newsletters the WHPS School Council has approved the phasing out of the Commonwealth Student Banking Program.

Therefore the school will not be taking on any new Commonwealth Bank Accounts as part of our student banking program.

We will gradually phase out this provider in 2017. We now encourage students to be involved in our student banking program through the Bendigo Bank. Our local Bendigo Bank branch support the school in a variety of ways, including the School Fair and the bank will be present at our Fair on Friday 4th November to assist interested students.

“Piggy Bank” application forms are available at the school office. Please return these to White Hills Bendigo Bank Branch for processing. Children with existing Bendigo Bank Accounts are also welcome to use this service. Please bring Birth Certificate and Medicare Card of child along with parent’s driver’s licence for identification purposes.
Parent Club News

**Urgent Donations Needed For Fathers/Special Person Day Stall: Friday, 2nd September**

All families have been asked to please donate a gift to the value of $2.00 per child, and drop them into the office by Monday 29th August. **We currently have 171 gifts and with 601 students we are far short of the gifts needed.**

Students are reminded to bring a plastic bag on the day, to put their gift in and enclose money in a named envelope and hand to class teacher for safe keeping.

**Next Meeting**

Our next meeting will be held Monday 5th September in the staffroom after assembly. All newcomers are welcome to attend. You are most welcome to bring along younger siblings to our meetings, so come and enjoy a cuppa with us!

**School Fair: Friday, 4th November 4.30pm-7.30pm**

We have commenced working towards our School Fair and are currently asking for donations from local businesses for prizes and activities. If there are any families in our school community who have a business and can help out with donations of vouchers or items, can you please leave them at our school office. Your assistance is very much appreciated.

**Stall Holders**

Anyone wishing to hold a stall on the day, the cost is $20.00. Please note that we don’t permit you to sell drinks of any kind. Leave your contact details at the office. Please supply your own tables on the day.

**Cadbury Chocolate Fundraiser Overdue**

Please return money and unsold chocolates today, so that we can finalise this fundraiser. Payment can be made to the office or via QKR.

Letters have gone out to families last week

Parent Club / Fundraising Committee

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Junior School News

**Prep News**

**Pupils of the Week**

*Congratulations to Morgan W, Ruby W, Jahliya D, Koby & Charlotte B, our ‘Prep Pupils of the Week’ for this week.* These Preps are becoming confident and persistent in completing class activities. Well done!

**Prep Gym**

We are having a great time at gym learning lots of new gymnastic skills. The Prep children will continue at Jet’s Gym on Monday, 5th and 12th September. Can girls please have their hair tied back on these days? Please no dresses. If possible can children please wear shoes without laces.
Congratulations to our Birthday children

**Hint For The Week**

Be patient when hearing your children read and give them time to work out words. Five seconds or more is reasonable. After 10 seconds encourage your child to use the following strategies when they come across an unknown word: *What do you think the word is? *Look at the picture. *What does it start with? *Look right through the word for parts you know. * Read the sentence again and see what would fit in and make sense.

**PMP**

As the Preps will be at Gym on Mondays, PMP will not be held for the rest of Term 3.

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**Grade 1 News**

**Students of the Week**

1P – Robert A for his enthusiasm towards all of his learning.
1CK – Ashton E for working hard on reading tasks.
1D – Levi J for his extra effort in getting his writing finished on time.
1M – Oliver E for concentrating hard to get his work completed.

**Excursion**

Please continue to return notes to school for our Snugglepot and Cuddlepie excursion. We are really looking forward to this and have begun reading about their adventures! See your child’s classroom teacher if you need more information. We have also begun working on a giant poster that we will enter into a school colouring competition.

**Jets Gym**

Next week we have a rest day from gym. Our program will continue on Monday 5th September. Some changes may be made to recess and lunch times on Mondays to work around our gym sessions.

**Learning Portfolios.**

Please return these to school with the completed two stars and a wish form to your child’s classroom teacher as soon as possible. We have completed some great work this term that needs to be added!

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**Grade 2 News**

**Students of the Week**

2G – Issabella for trying her hardest at Gymnastics.
2H – Imogen for her confidence at gym.
2B – Demi for being a good friend.
2F – Shaylee for helping others at gym.

**Diamante Poetry**

A diamante poem in an unrhymed seven-lined poem. The beginning and ending lines are the shortest, while the lines in the middle are longer, giving diamante poems a diamond shape. An antonym diamante poem is an opposite poem.

Here are a couple of examples from 2B language group:

**Puppy**

* Cute, furry
* Playing, jumping, running
* Bark, whimper, fluffly, adorable
* Soft, sleeping, eating
* Purring, smooth

**Kitten.**

**Land**

* Dry, dusty
* Driving, digging, growing
* Hot, grassy, liquid, cold
* Boating, swimming, freezing
* Liquidy, splashy,
* Water.

*By Axel 2B*
By Alivia 2F

Junior School Teachers

Middle School News

Grade 3 News

Students of the Week
3N – Sophie C for a fantastic effort with her maths drawing.
3CT - Liam Welsh for a wonderful working week.
3RD – Caitlyn L for working really hard to achieve great results.
3B – Seannah B for always being a friendly and kind member of the class

Jets Gym
Grade 3 students had a great first session at gym. Our next sessions will be on Friday 2\textsuperscript{nd}, 9\textsuperscript{th} and 16\textsuperscript{th} September. Students in 3CT and 3N do not return back to school gym until 2.00pm. We are asking students in those grades not to have lunch orders on these days as we’re not back to school in time to collect them from the canteen.

Camp Payments
Thank you to everyone who has already paid for camp in full. Notes went home on Tuesday to those families who still have a balance left to pay. Camp must be paid in full by Tuesday, 13\textsuperscript{th} September.

Grade 4 News

Students of the Week
4M - Ian C for his excellent word knowledge in spelling activities.
4G - Abbey C for making good decision during maths.
4T - Jesse D for applying her maths knowledge to tricky tasks.

Jets Gym
Jets Gym continues this week and students will rotate through many different gym skills that will help improve their upper body and core strength. We may have some Olympic champions in the making!!

Bike Ed
Bike Ed continued for the 4\textsuperscript{th} week. Students continue to show improvement in the skills they have been taught. This week was a rotation of activities including a chance to ride on the road with supervision. The activities your child has been practising include…. Slow riding, braking, turning, weaving, scanning and signalling, partner riding and scooting. It is important they continue to practise these skills at any opportunity so they become confident, skilled riders ready for camp next term.

Thank You
A MASSIVE THANK YOU to all the parent helpers we have had over the last few weeks, very much appreciated as we wouldn’t be able to do many of the rotations without them. If you are available on a Tuesday at 12:30 we could use a few more helpers to assist the students.

Ride To The Gardens
We will be looking for helpers to ride to the Botanical Gardens between 11:30-1:30 on Monday, 5\textsuperscript{th} September. A note will be sent home next week with more information.

Camp
Not long to go now……Medical Notes, Camp Agreements and Payment reminder notes (all bright yellow) were sent home Monday, 8\textsuperscript{th} August please return these by tomorrow (Friday, 26\textsuperscript{th} August) and continue to make regular payments as per our camp policy if full payment is not made 2 weeks prior (Tuesday 13\textsuperscript{th} September 4.00pm) your child will not be able to attend.

A note about what each child needs to bring to camp was sent home (Tuesday 23\textsuperscript{rd} August). Please keep these in a safe place so you know what to pack. A copy of this can be found on our school website in the 3\textsuperscript{rd} links.
Congratulations to our Students of the Week

Super Scientists
This week as part of our inquiry lessons the students are beginning to design their own experiment. In the coming weeks they will be coming home with a list of materials they need to conduct their experiment. All experiments will be conducted at school so students can see the results and write them up. Thanks for your support with this activity.

Other Reminders
Learning Portfolios need to be returned, we appreciate a positive comment about your child’s work. Continue to support your child to read on a regular basis, complete their reading journal and homework.

Alpha Performance
Visiting performance of The Little Mermaid will be on Tuesday, 13th September. Alpha always put on a wonderful show with hidden humour for older children.

Grade 5 News

Students of the Week
5K - Emma A for her fantastic listening skills.
5O - Paige M for her great work in improving her multiplication facts in maths.
5W - April N for being a strong, kind and helpful class member.

Check Diaries
Please remember to check your child’s diary for important notes and reminders from your child’s teacher. Also, if you have missed a call from your child’s teacher or have missed a meeting with your child’s teacher, please be sure to phone the school back as soon as possible to speak with them or arrange another meeting time. Thank you.

Thank You
Thank you to our amazing parent helpers who came along to our Science Week Activities last week at Weeroona College. Your time and support is very much appreciated- thankyou!

Integrated Projects
Students have been busily working on their Integrated projects during school time. Over the next 2-3 weeks, students may be bringing home these projects to complete their final copy or add some finishing touches. Please speak with your child’s classroom teacher this week if you have any questions.

Jets Gym
Jets Gym sessions are held every Tuesday until the end of term for all grade 5 students. Please ensure that your child has their hair tied back and have no jewellery on for these days.

Camp
Camp payments left owing have been written in your child’s diary as a courtesy reminder. Please check with the office if you have any questions. Please remember to keep making regular payments each week or fortnight to have the camp fully paid by next term.

Grade 6 News

Students of the Week
6B - Zane Windridge for being a positive and supportive student who is always looking to help others.
6G - Alannah Gibson for excellent participation in all activities at Eaglehawk Secondary College.
6P - Kim Miles for displaying resilience when things aren’t always going smoothly.

Upper School News

Homework
This week’s homework will be a maths task and was handed out today. This is expected to be submitted by next Thursday, 1st September. We appreciate parents’ continuing to support and emphasise the importance of adhering to a regular homework routine.

**Eaglehawk Secondary College Transition Activity**
All Grade 6 students attended a transition activity at Eaglehawk Secondary College last Friday, 19th August. They split into small groups and participated in a range of team building and problem solving activities ran by ESC’s Sport and Recreation students.

**Guest Speakers**
As part of our Inquiry unit this term, Grade 6 students have been learning about sustainability and the environment and what they can do to help make our local community sustainable. On Tuesday we had two guest speakers, Bambi Lees from the North Central Catchment Management Authority and Craig Leery our school’s Koori Engagement Support Officer who spoke to us about how Indigenous Australians managed the land thousands of years ago. They brought in a range of items, such as a possum skin blanket, which Indigenous Australians used to make to wrap their babies in when they were born. They would continue to add to the blanket and it would be used in adulthood and when they died, they would be buried in the blanket. Craig and Bambi spoke about the different foods they would eat from the land and how they would hunt and gather their food. We hope to have them come back to the school next term to learn more about Indigenous Australians way of life as the first people of our country.

**Victorian Curriculum and Assessment Authority Data Collection**
Our school has been selected to participate in the collection of baseline assessment data for Critical and Creative Thinking to support Victoria’s Education State targets. A representative sample of schools and students in Years 6 and 10 across Victoria have been selected to complete a set of newly developed Critical and Creative Thinking tasks next Wednesday, 31st August. These tasks will take no longer than an hour to complete and will be self-administered by individual students within a group setting using their netbooks.

**Upper School Teachers**

**Our Theme of the Week**
This week we had two theme of the weeks with Fun Week suggested by Georgia and Cartoon Week suggested by Lilly. For those children who missed out on the Pokemon hunt a few weeks ago we did a pokemon hunt for apart of Fun Week Theme for those in on Thursday that missed out. We also had many cartoon characters for colouring in on the Art table while many OSCH children also drew their own version of cartoon characters.

**Fab Legend of the Week**
Our Fab Legend of the Week this week was Maci. A big congratulations to Maci, who always loves being in After School Care and is always willing to help out teachers and other children.

**Father’s Day**
With Father’s Day fast approaching we have been busy this past week making and decorating pictures, cards and other art & craft items that the children have been working on.

**Considering OSHC for your Child?**
We always encourage families to drop into OSHC and have a look to see what fun we get up to. In After School Care our children are always kept busy with indoor activities from art and craft to construction and we get outside for ball games and playground time. We also have Fruit snack and second snack. Come and have a chat with our friendly staff for more information.
Holiday Club Bookings
Almost holidays here again. Once again we have two locations with Kennington and Golden Square Primary Schools available for you to choose. Plenty of fun to be had with excursions and incursions. For more information or to book in early please visit the Camp Australia website or call our Customer Service Team on 1300 105 343 between 8am—6pm Monday to Friday.

After School Care Team: Jamie, Eilish, Tracy, Jenna, Jake, Josh and Jorgia.
White Hills OSHC phone: 0402 590 272
Camp Australia Customer Care: Phone: 1300 105 343 Email: oshc@campaustralia.com.au

**UNIFORM SHOP**
Friday 26 August Kelly Adcock
Tuesday 30 August Kate Duncan
Friday 2 September Tammie Bourke

**Changed Price List** A new price list will take place at the start of Term 4. Due to supply increases, some items have gone up $1 or $2.

**Opening Times 2016**
Tuesday 3.30pm – 4.00pm and Friday 3.30pm-4.00pm
Kim Engh, Terri Massese & Deb Button

**SICKBAY ROSTER**
Friday 26 August Michelle Christian
Friday 2 September Karen Costigan

Please collect from the office at the end of the day

**BENDIGO ACADEMY OF SPORT VOLLEYBALL DEVELOPMENT SQUAD**
2016 - 2017 TRIALS
Strongly supported by the Bendigo Volleyball Association

Sunday 28th August 2016, 5.45pm – 7.30pm at the Bendigo Stadium

**Bendigo Chaplaincy Annual Dinner**
Bendigo Chaplaincy Committee invites you to meet and support your school’s Chaplain at the Annual Dinner on Monday 29th August at 6.00pm.
Venue: White Hills Wellington Hotel (formerly The Botanical)
Purchase your meal from 6pm. $10 booking/donation required by Sunday 21st August. Inquiries: 5442 1732; 5448 3912.
Cheque to: Bendigo Chaplaincy Committee, PO Box 663 Bendigo 3552, OR Direct Payment to:
Bank: Commonwealth, Bendigo Chaplaincy Committee, BSB 063 ACC 00904385 Ref: Your Name/Dinner.
Guest speaker: Bruce Claridge, Sports Chaplain. Panel with school chaplains.
Silent auction prior to 29th...for a chalet apartment for 5 at Mount Hotham, for two nights plus entries, Value

**COMMUNITY NEWS**
**White Hills Junior Cricket Club 2016/17 Season**
We are looking for players for the upcoming season in the:

**Girls competition**
Under 10, Under 12, Under 14, Under 16 age groups
Prospective players who have not played cricket before are welcome
(Age groups are as at 1st September)
Please contact Andrew Stewart for further details on 0403942551

**Silent Auction**
Bendigo Chaplaincy Annual Dinner 2016
for a Chalet apartment for 5 at Mount Hotham, for two nights plus entry – Value

**BENDIGO ACADEMY OF SPORT VOLLEYBALL DEVELOPMENT SQUAD**
2016 - 2017 TRIALS
Strongly supported by the Bendigo Volleyball Association

Sunday 28th August 2016, 5.45pm – 7.30pm at the Bendigo Stadium

**Players must be 17 years or under as at 31st Dec 2016 and must be 12 years old as of 1st Sep 2016**

**CONTACT DETAILS**
Graham Gordon Ph: 03 5444 7700
www.bbbs.org.au
DTM Student Gig 2016
A performance aimed at giving students a real life musicians experience. Saturday 27 August 2016, Salvation Army Hall, Mundy St Bendigo.
Gig 1: School Groups Performance 11.00am, Gig 2: Choir, Band & Orchestra Performance 2.00pm
Students due 1 hour before commencement time.
Entry $5 Adults, kids under 16 free.
Contact Drew Thorpe for more information 0407502438