Calendar of Events

**Term 2: Monday 11th April - Friday 24th June**

<table>
<thead>
<tr>
<th>Week 12</th>
<th>Monday 11th April - Friday 15th April</th>
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<tbody>
<tr>
<td>April 11th</td>
<td>Gr 6 Camp Deposit due 4.00pm</td>
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<tr>
<td>April 12th</td>
<td>Team China Sausage Sizzle – Epsom Bunnings</td>
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<tr>
<td>April 13th</td>
<td>Aerobics Prelims</td>
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<tr>
<td>April 14th</td>
<td>School Book Fair 8.30am &amp; 3.30pm</td>
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<tr>
<td>April 15th</td>
<td>Hats off from today</td>
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<tr>
<td>April 16th</td>
<td>Grade 1 Life Cycles Incursion</td>
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<tr>
<td>April 17th</td>
<td>Mothers / Special Person Day Breakfast</td>
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<tr>
<td>April 18th</td>
<td>Yr7 2017 Info Evening Weeroona College</td>
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<tr>
<td>April 19th</td>
<td>District Athletics</td>
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<tr>
<td>April 20th</td>
<td>Mothers / Special Person Day Stall</td>
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<tr>
<th>Week 13</th>
<th>Monday 18th April - Friday 22nd April</th>
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<tr>
<td>April 25th</td>
<td>Grade 3-5 NAPLAN Testing</td>
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<tr>
<td>April 26th</td>
<td>Division Cross Country</td>
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**Education Week**

- **April 25th**
  - Open Day 9.00am – 3.30pm
  - Information Sessions 10.00am & 7.00pm
  - Footsteps Dance Payment due 4.00pm
- **April 26th**
  - Gr 5 Activities Afternoon
  - Footsteps Dance Program
  - Grandparents / Special Person’s Morning
  - 9.00am-11.00am
  - Gr 3 Camp Deposit payment due 4.00pm
  - African Drumming payment due 4.00pm

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<thead>
<tr>
<th>Week 14</th>
<th>Monday 25th April - Friday 29th April</th>
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<tr>
<td>April 30th</td>
<td>African Drumming Performance</td>
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<tr>
<td>May 1st</td>
<td>Footsteps Dance Program</td>
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<tr>
<td>May 2nd</td>
<td>Aerobics State Finals</td>
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<tr>
<td>May 3rd</td>
<td>Gr 5 Sovereign Hill Payment due 4.00pm</td>
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<tr>
<td>May 4th</td>
<td>Gr 5 Sovereign Hill Excursion</td>
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<tr>
<td>May 5th</td>
<td>Footsteps Dance Program</td>
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<tr>
<td>May 6th</td>
<td>Queen’s Birthday Holiday</td>
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<tr>
<td>May 7th</td>
<td>Footsteps Dance Program</td>
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<td>May 8th</td>
<td>Student Led Conferences/Pupil Free Day</td>
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**Term 3: Monday 11th July - Friday 16th September**

<table>
<thead>
<tr>
<th>Week 15</th>
<th>Monday 11th July - Friday 15th July</th>
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<tbody>
<tr>
<td>July 18th</td>
<td>Head Lice Check 9.30am after assembly</td>
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<tr>
<td>July 19th</td>
<td>Head Lice follow up check 9.30am</td>
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<tr>
<td>July 20th</td>
<td>Book Week</td>
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<tr>
<td>July 21st</td>
<td>Literacy &amp; Numeracy Week</td>
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**Week 16**

- **July 25th**
  - Gr 3 Camp Deposit due 4.00pm
  - Head Lice Check 9.30am after assembly
  - Head Lice follow up check 9.30am
  - Pupil Free Day
  - Bendigo Cup Day Holiday
  - Music Count Us In 11.00am

**Principal’s News**

**Maths Multi-age Day Thank You**

Thanks to all staff and students for their fantastic participation in our Multi-age day today. Students worked in mixed age groups to build friendships across grade levels. The focus of the day was solving problems in maths.

**Mothers/Special Person Day Breakfast**

Mothers and special people are invited to our special breakfast on **Wednesday 4th May** from 7.30am – 8.30am. This event is scheduled to be held in the brick area near the Prep sandpit.

**Book Fair – Monday 2nd May 8.30am and 3.30pm**

Book Fair is open before and after school for 30 minutes next week, a great opportunity to grab a well-priced book for home reading. A portion of the proceeds are donated to the school.

**Hats Off: Monday, 2nd May**

Children may leave their broad-brimmed hats off when outside as of **Monday 2nd May**. Our school policy is in line with Cancer Council recommendations.

**Mother’s / Special Person Day Stall – Urgent Donations Still Needed Please**

Our Mother’s / Special Person Day stall will be held on **Friday 6th May**.

Currently we have 448 gifts with 600 students needing to purchase one for their mother/special person. If you haven’t yet donated, please get your gifts in by next Wednesday 4th May.

**Every child** is asked to please donate a gift to the value of $2.00 and a bag to carry their gift home. (**Please ensure all gifts are new**).

Helpers will be needed on the day, please let the office know if you are able to assist.

**NAPLAN Testing**

NAPLAN testing is scheduled for Grade 3 and 5 students on **10th, 11th and 12th May**. Parents please make every effort to ensure your students are in attendance on these days so they don’t have to catch up by doing them all in one day.

**Sporting Teams**

We have several representative events coming up. Our best wishes go to our Aerobics teams, students competing in the District Athletics and the Division Cross Country.
Education Week: 16 - 20 May
Open Day & Information Sessions (Morning & Evening)

Open Day and Information Morning and Night at White Hills Primary School will be held during Education Week. **Open Day, on Tuesday 17th May from 9.00am – 3.30pm,** is an opportunity for parents, grandparents and friends to visit their child’s class. It is also a great time for new parents to see our school in action and speak to Prep teachers about the terrific programs available at our school.

A morning *Information Session will be held in the school hall on Tuesday 17th May at 10.00-11.00am,* and an evening session at 7.00pm – 8.15pm. These information sessions are especially designed for Year 2017 Prep parents interested in choosing a school for their child or parents who have already chosen White Hills Primary.

*Childcare is available at both these sessions.*

**Teach Your Child To Bounce Back From Life's Uncertainties. Part 5:**

A selection from an article by Alison Campbell Rate

*Here are some more ideas to get you started building resilience in your children.*

**DECATASTROPHISING:**

When things go wrong teach your child to put boundaries on the problem. Ask:
*What is the worst thing that could happen?*
*How likely is this? If it were to happen what could you do to improve things?*
*What is the best thing that could happen?*

You have defined the worst and best boundaries. The most likely outcome would probably fall in between. This realisation gives a sense of security and motivation - I can handle it!

*Scott Ross*  
*Acting Principal*

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**Aerobics**

Well the time has finally come for us to head to the preliminary finals….I’m sure by now all parents are sick of hearing their child’s performance music on repeat. Please remember the following information for this **Saturday, 30th April.**

Team members must arrive at the front of the school by **5.00am** as we will depart from WHPS at **5.15am.**

**All squad members must:**

- wear appropriate underwear, with tights over underwear and their leotard over that (with straps down – so that it’s easier to go to the toilet)
- wear school uniform t-shirt, dark track pants and a zip up/button up jacket
- wear sneakers (not their aerobics shoes) and competition socks
- leave jewellery at home (earrings such as studs or sleepers are acceptable)
- Wear a light covering of foundation – please ensure it looks fairly natural – we will touch it up if required.
- Tie hair in a high pony tail and in a neat, **very secure** bun. If you have hairspray or gel, please slick it down.
- Clip/shape toenails prior to the prelims to ensure they don’t tear the stockings (they are expensive to replace).
- Remove any nail polish from fingers.
- Not wash their hair on the Friday or Saturday as it makes it much more manageable when it is a touch oily.

**Students will need to bring:**

- drinks (a water bottle at least), sufficient snacks and lunch
- comb/brush, hair ties and hair pins (they will be given their scrunchie at the venue)
- money for our dinner stop at McDonalds
- a pillow for the bus trip is recommended
- performance sneakers (in a plastic bag with their name on it please)

**Remember:**

Schoolaerobics are leaving the wristbands, which should have been sent to school, at the venue for us to pick up.

If you do not arrive at the venue when the school bus does, you will need to contact me on the school mobile (**0418 590 778**), so I can bring out a ticket for your child.

***If your child will not be on the bus to or from the event please let your child’s coach know prior to Saturday.***

Good luck to all the students who are performing on Saturday and I’m sure all your hard work will pay off. Have a great time and enjoy the experience.

*Jaclyn Tanner*  
*Aerobics Co-ordinator*
Congratulations to our Birthday children

**Book Fair**

Our Book Fair will be open to purchase books next week commencing **Monday 2nd May**, before school from 8.30am to 9.00am and then straight after school from 3.30pm - 4.00pm. I wonder who the book character is that will be visiting this year?

**Prep Toy Unit of Work:**

**Materials Needed**

As part of our Term 2 unit of work on Toys the Preps will be making their own toys using a variety of materials.

If you have any materials at home that might be useful please bring them to the classroom over the next few weeks where teachers will store them until they are needed. Useful materials might include cardboard tubes from alfoil, paper towel and glad wrap, small boxes, string, straws, sticks, skewers, milk/ juice cartons – well rinsed, bottle tops, ping pong balls, wool, material scraps or anything else you think might be useful!

Please note: Due to allergies and in the interest of health and safety, we are NOT able to accept EGG CARTONS OR TOILET PAPER ROLLS.

**Parent Club News**

**Next Meeting**

Our next meeting will be held next **Monday 2nd May** in the staffroom after assembly. All newcomers are welcome to attend, you are most welcome to bring along younger siblings to our meetings, so come and enjoy a cuppa with us!

**Mother’s / Special Person Day Stall – Urgent Donations Still Needed Please**

Our Mother’s / Special Person Day stall will be held on **Friday 6th May**. Currently we have 448 gifts with 600 students needing to purchase one. If you haven’t yet donated, please get your gifts in by Wednesday 4th May.

Every child is asked to please donate a gift to the value of $2.00 and a bag to carry their gift home. (Please ensure all gifts are new). Helpers will be needed on the day, please let the office know if you are able to assist.

Thank you for your continued support.

*Parent Club / Fundraising Committee*

**Junior School News**

**Prep News**

**Grandparent's Morning**

As part of Education Week the Prep grades will hold a special morning for Grandparents or older friends on **Friday, 20th May**. from 9.00am to 11.00am. Parents are asked to mention this date to grandparents / special friends so they can be available for this special time. Invitations for grandparents / special friends will be sent home closer to the event.

**Hint for The Week**

Playing card games with just a basic set of cards can do wonders to improve memory, concentration, patterning and sequencing necessary for reading and maths development.

This week our sounds are g and d.

**Prep Perceptual Motor Program (PMP)**

PMP will continue next Monday. We look forward to seeing our great helpers at 2.30 pm.
Grade 2 News

Student of the week
2G – Isabeau A for being a kind and considerate class member.
2H – Braeden B for great cross country training leading up to the event.
2F – Aleasha M for her resilience and growing confidence.
2B – Hayley C for her happy disposition and friendly manner.

Cross Country
Well done to all of the Grade 2 students who participated in our school Cross Country event yesterday. Your practice paid off, congratulations on a fantastic run.

Clothing
Please make sure that you clearly label your child’s clothes so that we are able to reduce the number of lost jumpers and tracksuit pants. It makes it much easier to return the clothing to its owner.

Volunteers
We are looking for any parents who would be able to assist us with organising our maths equipment. If you are available to help please speak to your classroom teacher.

Learning Portfolios
We still have some unreturned learning portfolios, please ensure these are returned to your child’s classroom teacher as soon as possible, as we are beginning to add work from this term. Thank you to all the families that have already returned them.

Junior School Teachers

Middle School News

Grade 3 News

Cross Country
Well done to all the students who participated in yesterday’s school cross country. It was great to see everyone having a go and trying their best.

Learning Portfolios
Learning Portfolios went home during the last week of term 1. Please read, sign and write a positive comment about your child’s learning before returning to school as soon as possible.

Grade 3 Camp: 5th - 7th October
The total cost will be $206.00. A deposit of $40.00 and permission notes are due back by Friday, 20th May. If you have misplaced your note and need another one, please see your class teacher. (Please note that CSEF will not cover the cost of camp deposits).

Grade 4 News

Students of the week
No students of the week due to ANZAC day

Reading Journals
Students need to continue to be filling out their reading journal every day. They need to be returned to school every day with a parent comment at least once a week.

Cross Country
Well done to all students yesterday and thanks to all those parents who attended. We will continue training each Wednesday and Friday in readiness for division cross country on Friday, 13th May.

Clothing
As we have been having some chilly mornings and some warm afternoons we have been finding a lot of jumpers without names. Please ensure all items of clothing are named clearly.

Learning Portfolios
Learning Portfolios need to start being returned to school. Please ensure you have signed and written a positive comment in your child’s portfolio before returning it.
Multi-age day
Students had a wonderful day today getting involved in some problem solving maths activities. Ask your child about the different things that they did today.

Hats off
2nd May is hats off day. Students will no longer need to wear hats outside after this date.

Mother’s Day stall
Please continue to send a small gift donation to the office for our mother’s day stall to be held on 6th May.

Book Fair
Our annual Scholastic Book Fair will run from the 2nd - 6th May. The book fair will be open before and after school for purchases. Your child may bring home a wish list of some of the books they are interested in at the fair.

Middle School Teachers

Upper School News

Grade 5 News
Camp
Thank you for making your Grade 5 Camp deposits. Please remember to keep making regular payments throughout the next two terms, so that it eases the burden for you. Payments for the camp can be made via Qkr or in person at the office. More camp information will be released at a later date.

Grade 5 Sovereign Hill excursion forms were sent home last fortnight
This form explained the excursion to Ballarat, along with the payment owing for the day trip. The excursion will cost a total of $51.00, which covers the entry, bus and educational activities for the day. This payment and the permission form needs to be paid and returned before 4.00pm on Monday, 6th June. Payments can be made via Qkr or at the office. If you have applied and qualify for the Camps, Sport and Excursions Fund (CSEF), the cost of this excursion may be covered in full. Please contact the office for further details.

District Athletics
Some Grade 5 students have been selected to attend the District Athletics Carnival at Flora Hill on Friday, 6th May. Students have been handed a permission form that must be returned before the date, so that students can travel on the bus to the athletics track. The bus will depart at 9.10am sharp, and return to school around 3.00pm. Students must wear a light blue t-shirt and bring a packed lunch, plenty of water and a broad brimmed hat. This year, our school is in charge of the Discus event. If you are interested in being a parent helper for all or part of the day, please return the parent helper section attached to the original permission form. Thank you.

Mother’s/Special Person Day Breakfast
There will be a free and special Mother’s Day breakfast at the school next Wednesday, 4th May from 7.30am-8.30am. We would love to see as many mothers and special people attend the breakfast with your child. Along with this, there will be a Mother’s/Special Person Day stall held on Friday, 6th May. All gifts are $2.00.

Grade 6 News
ANZAC Service
Well done to our Student Leaders who ran the Anzac Service on Friday. There was some great original pieces of writing that were written in the classroom with a selection chosen to be read out on the day. This type of involvement by our senior students adds to them growing in confidence.

Camp Deposit Due Tomorrow
Your child will have shown you a written reminder in their diary for the Grade 6 camp deposit. The non-refundable $40.00 deposit is due Tomorrow Friday 29th April for your child to secure a place at the camp. Costs are kept to a minimum for this fun filled camp with activities including professional instruction in body boarding and a full day at the Geelong Water Park. Payments can be made on QKR or sent to the Office in an envelope. (Please note that CSEF will not cover the cost of camp deposits).

Homework and Lit. Circle Reading
Homework is due each Thursday and Lit. Circle reading is completed for Fridays and the novel brought to school for the task. There are still students who are not completing their homework. We would appreciate it if parents could monitor their child’s organisation with completing the task.
**Netbooks**
At the moment there are too many children coming to school without their netbook charged. It is the responsibility of the student to charge their netbook overnight so that it is ready for use with their learning in the classroom.

**Cross Country**
We have begun our cross country training twice a week and have completed the school run around the block for placements to be made for the district cross country. Students are making a committed effort with their training runs.

**District Athletics**
Your child will have brought a note home with details and permission to attend the day if they are involved in an event. Please return the permission form as soon as possible.

**BUPA**
After a couple of missed Fridays for term 2 we will commence the visit to BUPA this Friday, 29th. Students must remember their roadworthy bike and helmet.

**Aerobics**
Good luck to our aerobics teams for Saturday,

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**Upper School Teachers**

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**Phys Ed News**

**Cross Country**
Yesterday we held our Grade 2-6 School Cross country. Students ran, jogged and walked around the course, finishing on the basketball court back at school. Congratulations to students who won their age groups and to everyone who finished who scored a point for the overall house award.

Division cross country will be held on **Friday, 13th May** at the Bendigo Jockey Club.

**District Athletics**
The event is on **Friday, 6th May**. If your students have received a notice please return it to school ASAP. The timetable for this event is on the PE notice board in the main building.

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<thead>
<tr>
<th>Canteen Roster</th>
<th>SICKBAY ROSTER</th>
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<tbody>
<tr>
<td>Friday 29 April</td>
<td>Friday 29 April</td>
</tr>
<tr>
<td>Sam Franklin</td>
<td>Tarra Monro</td>
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<tr>
<td>Amy Griffiths</td>
<td>Friday 6 May</td>
</tr>
<tr>
<td>Brent Munro</td>
<td>Kate Nichols</td>
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<tr>
<td>Wednesday 4 May</td>
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<tr>
<td>Joanne Guy</td>
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<td>Fiona Grant</td>
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<tr>
<td>Friday 6 May</td>
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<tr>
<td>Catherine Hartwell</td>
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<tr>
<td>Christy Osborne</td>
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<td>Fiona Robinson</td>
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**Helpers to arrive at 12.30pm**

Orders are to be written on a large paper lunch bag unless ordered through Qkr. **(NO ENVELOPES), one per child.** Lunch bags are available for 10 for 60c or 10c each, with lunch orders and will be sent home.

**Urgent Reminder:** If you are unable to assist with canteen duty, please arrange a swap or inform the office so that a replacement helper can be arranged.

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**Mrs Helen Williams, Canteen Manager**

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**UNIFORM SHOP**

**NEWSLETTER ROSTER**

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Please collect from the office at the end of the day

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**Opening Times 2016**

Tuesday 3.30pm – 4.00pm and Friday 3.30pm-4.00pm

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Please collect from the office at the end of the day
Multi-age Day Fun

Community News

Bendigo Health Community Dental Service

During April, Bendigo Health’s Community Dental Service visited White Hills Primary School to provide dental checks for 144 students in grades prep-two. The dental team were very happy to see so many students and would like to thank those that participated in the program.

Brushing teeth twice a day and a healthy diet play a key role in oral health, and developing good oral health habits from an early age helps to prevent problems as an adult.

Regular dental visits are also important to address any issues before they become problematic. Up to half of primary school children can have tooth decay and gum disease, which can develop without any pain. Having a dental examination before issues arise can help children have a positive experience, and there are many preventative treatments available to help maintain your child’s oral health.

All children 12 years and under are eligible to access Bendigo Health’s Community Dental Service. If you don’t have a family dentist please contact the friendly dental team to make an appointment.

Bendigo Health Community Dental Service is made up of fully qualified oral health therapists, dentists and dental assistants. They are experienced in working with children and aim to make a child’s visit a positive experience while providing quality dental care.

To make an appointment please call 5454 7994, or visit www.bendigobendigohealth.org.au to register your child/children.

Looking after your teeth and gums

EAT WELL – Sweet foods can cause tooth decay. Foods and drinks high in sugar (particularly added sugars) should be limited, especially between meals.

Dairy products like cheese and plain milk can help prevent tooth decay.

DRINK WELL – Encourage children to drink plenty of tap water. Plain milk is a better option than flavoured milk. Limit soft drinks, fruit juice, cordials, sports drinks, energy drinks, flavoured water and yoghurt drinks as they are high in sugar, which is linked to tooth decay.

Did you know that a can of lemonade or cola contains the equivalent of 8 teaspoons of sugar, and a bottle of sports drink has the equivalent of 7 teaspoons of sugar?

CLEAN WELL – Everyone should brush their teeth twice a day, after breakfast and before bed. Help your children brush their teeth until they are seven. Most children are not able to use a toothbrush properly before then. Baby teeth are very important to help children talk, eat and smile. Everyone should have regular dental checks.