

## Volunteering a little of your time at WHPS.

There are various volunteer tasks that you can involve yourself in, at our school. If you ask one of our volunteers, you will find we get a lot of satisfaction providing part of our spare time in helping others. As well as satisfying, you also get to know more about the school and its community. When your children/grandchildren see you at the school helping out in some activity, it makes them feel proud too. As well as **Parents & Friends Group**, who perform a number of different fundraising events, there are other separate areas that you can also help out in.

The school **Canteen** is always in need of helpers. Come along and assist the lovely ladies in the Canteen to fill school lunch orders. Your help does not require you to make lunches, or do over the counter sales. It is just packing orders, and placing them in the right class tub. Canteen Duty usually works out to be approximately twice a term. You can either do Wednesday (quieter day) or Friday (busier day) starting at 12:30pm, and lasting just over an hour.

Once per term we have **Head Lice Checks**, usually the 2<sup>nd</sup> Monday of each term straight after assembly. Each term a dedicated group of volunteers run and organise this program. More helpers are needed to ensure this is completed as quickly as possible. We have a great bunch of ladies who are willing to train you up, so you know what to look for. If you're a bit squeamish, it is a fact lice don't have knees so they can't jump! Morning tea is provided in our break, and you can have a chat and a cuppa with us.

**Uniform Shop** is run by a small group of dedicated volunteers who require your help in serving customers in purchasing uniform items. In a cosy little room you will get to know the other volunteers that also are there and the various uniform items they sell. Shop open times are Tuesdays and Fridays from 3:30-4pm. Whilst you are helping out, your children can have some after school play time with the other students waiting for their parent/grandparent who is also helping out.

Every Thursday is **Newsletter Duty**. If you would like to get to know the classrooms, and some of the teachers, this is a great way to learn the layout of the school and how to navigate your way around. You may even spot your own child in class! Newsletter Duty does not require you to type up and form the Newsletter, it is just organising a small amount of Newsletters into class groups, and distributing them. On some occasions there may be an extra hand out, which will then have to be distributed to all classrooms. And when you are finished, you can relax and have a cuppa in the Staffroom and wait for the bell at the end of school.

There is also **PMP (Perceptual Motor Program)** for the prep students which will initially be in Term 2 on a Friday from 2:30pm – a note will be sent home with preps asking for assistance near the end of Term 1. The activities are set up and prepared by the teachers prior – all you need to assist with is guiding prep children through various fun physical activities to help develop their motor skills. These little activities help children develop their muscle movement, coordination, balance, spatial awareness, visual skills, rhythm, listening and memory. It is basically kids having fun learning new physical activities.

**Breakfast Club** is every Tuesday and Thursday morning from 8:15am to 9am in the Canteen. It is making toast and a drink for the students that have missed breakfast at home that morning. Breakfast is the most important meal of the day – it kick starts your day. We try to provide this service as we know it is important that every student require a morning meal so they are ready to take in a day of fun and learning.

On Friday we have **Fresh Fruit Friday** at 10am, where some staff and volunteers help cut up lovely fresh fruit in the staffroom, which is then delivered to classrooms, for students to eat. You get to chat with and meet other helpers, and maybe have a laugh or two!

Every Friday at the end of school there is **Sickbay Duty**. All you have to do is collect a large bag of washing of bed linen, face washers, tea towels and the like, to take home and be washed, folded and returned on the Monday. The washing is usually fairly clean, so don't be put off by it being from the sickbay.

**Parents and Friends Group is also seeking more helpers!** Please read the Parents and Friends Group flier, or read up about us on the school website under our Parents and Friends Group tab. You can also enquire at the office, or ask one of our friendly members. We also have information posted each week in the school newsletter.

We are a large school with only a small number of volunteer helpers. If you are interested in any of these activities please ask the lovely ladies at the office, or talk to a Parents and Friends Group member. Try it out, and if it's not for you, at least you have given it a go. It is also important to please let us know if you change your mind, or you can no longer help out due to a change in circumstances – just so we can alter rosters, and fill empty positions.

**Many hands make light work, so give volunteering a go at WHPS! We hope to see some new faces in and around the school!**

**Thankyou!**